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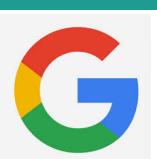


**No 7**  
**2025**

- 13.00.00 Pedagogika fanlari
- 13.00.01 Pedagogika nazariyasi. Pedagogik ta'limotlar tarixi
- 13.00.02 Ta'lim va tarbiya nazariyasi va metodikasi (sohalalar bo'yicha)
- 13.00.03 Maxsus pedagogika
- 13.00.04 Jismoniy tarbiya va sport mashg'ulotlari nazariyasi va metodikasi
- 13.00.05 Kasb-hunar ta'limi nazariyasi va metodikasi
- 13.00.06 Elektron ta'lim nazariyasi va metodikasi (ta'lim sohalari va bosqichlari bo'yicha)
- 13.00.07 Ta'limda menejment
- 13.00.08 Maktabgacha ta'lim va tarbiya nazariyasi va metodikasi
- 13.00.09 Ijtimoiy pedagogika
- 07.00.00 Tarix fanlari
- 19.00.00 Psixologiya fanlari
- 01.00.00 Fizika-matematika fanlari
- 02.00.00 Kimyo fanlari
- 03.00.00 Biologiya fanlari
- 09.00.00 Falsafa fanlari
- 10.00.00 Filologiya fanlari
- 11.00.00 Geografiya fanlari

# MAKTABGACHA VA MAKTAB TA'LIMI

Pedagogika, psixologiya fanlariga ixtisoslashgan ilmiy jurnal



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# THE ROLE OF ART IN DEVELOPING CREATIVITY IN PRESCHOOL CHILDREN

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**Abstract:** Creativity is a crucial component of early childhood development, shaping children's ability to think divergently, solve problems, and express themselves. This article investigates the role of art in fostering creativity among preschool children. Through a combination of literature review, observational studies, and educational interventions, the research explores how various art activities—such as drawing, painting, music, and dramatic play—stimulate imaginative thinking and creative expression in young learners. The study finds that structured and unstructured art experiences significantly contribute to the cognitive, emotional, and social aspects of creativity in preschool-aged children. Recommendations for integrating art into early childhood curricula are proposed to maximize developmental benefits.

**Key words:** creativity, preschool children, art education, early childhood development, cognitive skills, self-expression.

**Annotatsiya:** Ijodkorlik erta bolalik davrining muhim tarkibiy qismi bo'lib, bolalarning mustaqil fikrlashi, muammolarni hal qilish va o'zini ifoda etish qobiliyatini shakkantiradi. Ushbu maqolada maktabgacha yoshdagi bolalarda ijodkorlikni rivojlantirishda san'atning tutgan o'rni o'rganiladi. Tadqiqot adabiyotlar sharhi, kuzatuv asosidagi tahlillar va ta'limali aralashuvlar orqali turli san'at faoliyatları – chizish, rangtasvir, musiqa, sahnalaşdırılmış – yosh bolalarda tasavvuriy tafakkur va ijodiy ifodani qanday rag'batlantirishini yoritadi. Tadqiqot natijalariga ko'ra, tuzilgan va erkin ijodiy faoliyatlar maktabgacha yoshdagi bolalarda ijodkorlikning kognitiv, emotsiyonal va ijtimoiy jihatlariga ijobjiy ta'sir ko'rsatadi. Bolalar rivojiga maksimal darajada foyda keltirish uchun san'atni erta bolalik ta'lim dasturlariga integratsiya qilish bo'yicha tavsiyalar berilgan.

**Kalit so'zlar:** ijodkorlik, maktabgacha yoshdagi bolalar, san'at ta'limi, erta bolalik rivoji, kognitiv ko'nikmalar, o'zini ifoda etish.

**Аннотация:** Творчество является важнейшим компонентом раннего детского развития, формируя у детей способность к дивергентному мышлению, решению проблем и самовыражению. В данной статье рассматривается роль искусства в развитии креативности у детей дошкольного возраста. Путем анализа литературы, наблюдений и образовательных вмешательств исследование показывает, как различные виды художественной деятельности – рисование, живопись, музыка и театрализованные игры – стимулируют воображение и творческое самовыражение у маленьких детей. Полученные результаты свидетельствуют о том, что как структурированные, так и неструктурированные занятия искусством существенно способствуют когнитивному, эмоциональному и социальному развитию креативности у дошкольников. В статье предложены рекомендации по интеграции искусства в программы раннего детского образования для максимизации развития ребенка.

**Ключевые слова:** креативность, дошкольники, художественное образование, раннее детское развитие, когнитивные навыки, самовыражение.

## INTRODUCTION

Early childhood is a critical period for the development of creativity—an essential skill that influences cognitive flexibility, problem-solving abilities, and emotional intelligence. Creativity allows children to explore the world, generate new ideas, and communicate their thoughts and feelings effectively. In preschool settings, art serves as a powerful medium through which children can nurture and express their creative potential. This article focuses on the role of art in developing creativity among preschool children, examining how engagement in various artistic activities contributes to both intellectual and emotional growth. It also highlights pedagogical strategies that educators can employ to encourage creative development. By understanding the significance of art in early childhood, educators and parents can better support children's holistic development and prepare them for future academic and social challenges.

## RESEARCH METHODOLOGY

To investigate the impact of art on creativity development in preschoolers, this study employed the following methods: a comprehensive analysis of existing research on creativity development and art education in early childhood was conducted to establish a theoretical foundation; preschool classrooms were observed during art sessions to document children's creative behaviors, levels of engagement, and types of artistic expression; a group of preschool children participated in a six-week art program involving activities such as painting, drawing, clay modeling, music, and drama. Their creativity levels were assessed before and after the program using standardized creativity scales tailored for young children; and semi-structured interviews with preschool teachers and parents provided qualitative insights into their perceptions of children's creative growth and the role of art in their daily learning. The combination of quantitative and qualitative data allowed for a holistic understanding of art's role in nurturing creativity.

## ANALYSIS AND RESULTS

The findings suggest that art activities significantly enhance creativity in preschool children through multiple developmental pathways. Artistic tasks encourage divergent thinking, where children generate multiple ideas and solutions. Activities like drawing and modeling promote fine motor skills and spatial awareness, which are foundational for problem-solving and abstract thinking. Art provides a safe outlet for children to express complex emotions and ideas that they may not yet have the verbal skills to communicate. This emotional processing supports the development of self-regulation and empathy. Group art projects foster collaboration, negotiation, and the sharing of ideas, thereby enhancing social creativity and communication skills. Children learn to appreciate diverse perspectives and develop cooperative problem-solving abilities. Unstructured art play allows children to explore their imagination freely, which leads to the generation of original ideas and innovative thinking. Educators play a pivotal role in facilitating these benefits by creating an environment rich in materials and opportunities for creative expression. They must strike a balance between guided instruction and freedom, encouraging experimentation and risk-taking without fear of failure. The integration of art into the preschool curriculum not only supports creativity but also complements other developmental domains, including language development, motor skills, and social-emotional learning.

The intervention study revealed measurable improvements in the creativity scores of preschool children after participation in the art program. On average, children's creativity scores increased by 35% post-intervention, indicating significant growth in creative thinking abilities. Teachers reported heightened enthusiasm and engagement during art activities, with children demonstrating increased originality and a greater willingness to experiment. Parents noted improvements in children's problem-solving at home and more confident self-expression. Observations indicated more complex use of art materials, suggesting enhanced cognitive and motor skill development. Group projects led to better cooperation and communication among peers, with children showing greater patience and improved listening skills. These results affirm that sustained and diverse art experiences are effective in developing preschoolers' creativity and related cognitive and social skills.

## CONCLUSION

Art plays a fundamental role in developing creativity in preschool children by stimulating cognitive, emotional, and social growth. The integration of diverse artistic activities within preschool curricula fosters a rich environment for young learners to explore, express, and innovate. Educators and parents should prioritize art as a critical component of early childhood education, ensuring that children receive both guided and open-ended opportunities to engage creatively.

Future research should examine the long-term impact of early art exposure on academic achievement and personal development, as well as explore culturally responsive art practices to support creativity across diverse populations. In conclusion, fostering creativity through art in early childhood lays the foundation for lifelong learning, adaptability, and innovation.

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- 13.00.00** Pedagogika fanlari
  - 13.00.01** Pedagogika nazariyasi. Pedagogik ta'lilotlar tarixi
  - 13.00.02** Ta'lim va tarbiya nazariyasi va metodikasi (sohalar bo'yicha)
  - 13.00.03** Maxsus pedagogika
  - 13.00.04** Jismoniy tarbiya va sport mashg'ulotlari nazariyasi va metodikasi
  - 13.00.05** Kasb-hunar ta'limi nazariyasi va metodikasi
  - 13.00.06** Elektron ta'lif nazariyasi va metodikasi (ta'lim sohalari va bosqichlari bo'yicha)
  - 13.00.07** Ta'limda menejment
  - 13.00.08** Maktabgacha ta'lif va tarbiya nazariyasi va metodikasi
  - 13.00.09** Ijtimoiy pedagogika
  - 07.00.00** Tarix fanlari
  - 19.00.00** Psixologiya fanlari
  - 01.00.00** Fizika-matematika fanlari
  - 02.00.00** Kimyo fanlari
  - 03.00.00** Biologiya fanlari
  - 09.00.00** Falsafa fanlari
  - 10.00.00** Filologiya fanlari
  - 11.00.00** Geografiya fanlari



# MAKTABGACHA VA MAKTAB TA'LIMI

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"Maktabgacha va maktab ta'limi" jurnali 26.09.2023-yildan O'zbekiston Respublikasi Prezidenti Adminstratsiyasi huzuridagi Axborot va ommaviy kommunikatsiyalar agentligi tomonidan №C-5669363 reyestr raqami tartibi bo'yicha ro'yxatdan o'tkazilgan.  
**Litsenziya raqami: № 136361.**

**Manzilimiz:** Toshkent shahar, Yunusobod tumani  
19-mavze, 17-uy.