



ISSN: 3060-4613



MAKTABGACHA
VA MAKTAB
TA'LIMI VAZIRLIGI



№8
2025

- 13.00.00 Pedagogika fanlari
- 13.00.01 Pedagogika nazariyasi. Pedagogik ta'limotlar tarixi
- 13.00.02 Ta'lim va tarbiya nazariyasi va metodikasi (sohalar bo'yicha)
- 13.00.03 Maxsus pedagogika
- 13.00.04 Jismoniy tarbiya va sport mashg'ulotlari nazariyasi va metodikasi
- 13.00.05 Kasb-hunar ta'limi nazariyasi va metodikasi
- 13.00.06 Elektron ta'lim nazariyasi va metodikasi (ta'lim sohaları va bosqichlari bo'yicha)
- 13.00.07 Ta'limda menejment
- 13.00.08 Maktabgacha ta'lim va tarbiya nazariyasi va metodikasi
- 13.00.09 Ijtimoiy pedagogika
- 07.00.00 Tarix fanlari
- 19.00.00 Psixologiya fanlari
- 01.00.00 Fizika-matematika fanlari
- 02.00.00 Kimyo fanlari
- 03.00.00 Biologiya fanlari
- 09.00.00 Falsafa fanlari
- 10.00.00 Filologiya fanlari
- 11.00.00 Geografiya fanlari

M AKTABGACHA VA MAKTAB TA'LIMI

Pedagogika, psixologiya fanlariga ixtisoslashgan ilmiy jurnal



MAKTABGACHA VA MAKTAB TA'LIMI



Elektron nashr. 472 sahifa,
1-avgust, 2025-yil.

BOSH MUHARRIR:

Karimova E'zoza Gapirjanovna – O'zbekiston Respublikasi Maktabgacha va maktab ta'limi vaziri

BOSH MUHARRIR O'RINBOSARI:

Ibragimova Gulsanam Ne'matovna – Pedagogika fanlari doktori, professor

TAHRIRIYAT KENGASHI A'ZOLARI

Ibragimov X.I. – pedagogika fanlari doktori, akademik
Shoumarov G'.B. – psixologiya fanlari doktori, akademik
Qirg'izboyev A.K. – Tarix fanlari doktori, professor
Jamoldinova O.R. – pedagogika fanlari doktori, professor
Sharipov Sh.S. – pedagogika fanlari doktori, professor
Shermuhhammadov B.Sh. – pedagogika fanlari doktori, professor
Ma'murov B.B. – pedagogika fanlari doktori, professor
Madraximova F.R. – pedagogika fanlari doktori, professor
Kalonov M.B. – iqtisodiyot fanlari doktori, professor
Nabiyev D.X. – iqtisodiyot fanlari doktori, professor
Qo'ldoshev Q. M. – iqtisodiyot fanlari doktori, professor
Ikramxanova F.I. – filologiya fanlari doktori, professor
Ismagilova F.S. – psixologiya fanlari doktori, professor (Rossiya)
Stoyuxina N.Yu. – psixologiya fanlari nomzodi, dotsent (Rossiya)
Magauova A.S. – pedagogika fanlari doktori, professor (Qozog'iston)
Rejep O'zyurek – psixologiya fanlari doktori, professor (Turkiya)
Wookyu Cha – Koreya milliy ta'lim universiteti rektori (Koreya)
Polonnikov A.A. – psixologiya fanlari nomzodi, dotsent (Belarus)
Mizayeva F. O. – Pedagogika fanlari doktori, dotsent
Baybayeva M.X. – pedagogika fanlari doktori, professor
Muxsiyeva A.T. – pedagogika fanlari doktori, professor
Aliyev B. – falsafa fanlari doktori, professor
G'afurov D. O. – falsafa fanlari doktori (Phd)
Shomurodov R.T. – iqtisodiyot fanlari nomzodi (PhD), dotsent
Mirzayeva F.O. – pedagogika fanlari bo'yicha falsafa doktori (PhD), dotsent
Jalilova S.X. – psixologiya fanlari nomzodi (PhD), dotsent
Bafayev M.M. – psixologiya fanlari bo'yicha falsafa doktori (PhD), dotsent
Usmonova D.I. – Samarqand iqtisodiyot va servis institute dotsenti
Saifnazarov I. – falsafa fanlari doktori, professor
Nematov Sh.E. – pedagogika fanlari nomzodi (PhD)
Tillashayxova X.A. – psixologiya fanlari nomzodi (PhD), dotsent
Yuldasheva F.I. – pedagogika fanlari bo'yicha falsafa doktori (PhD), dotsent
Doniyorov S. M. – "Yangi O'zbekiston" va "Pravda Vostoka" gazetalari tahririyati DM bosh muharriri, O'zbekiston Respublikasida xizmat ko'rsatgan jurnalist, filologiya fanlari nomzodi (PhD)
Yuldasheva D.B. – filologiya fanlari bo'yicha falsafa (PhD) doktori, dotsent
Tangriyev A. T. – Toshkent davlat iqtisodiyot universiteti kafedra professori
Ashurov R. R. – psixologiya fanlari bo'yicha falsafa doktori (PhD)
Panjiyev M. A. – Qashqadaryo viloyati Maktabgacha va maktab ta'limi boshqarmasi boshlig'ining birinchi o'rinbosari
Xudayberganov N. A. – Xorazm Ma'mun akademiyasi Tabiiy fanlar bo'limining katta ilmiy xodimi, biologiya fanlari bo'yicha falsafa doktori (PhD)

Muassis: "Tadbirkor va ishbilarmon" MChJ

Hamkorlarimiz: O'zbekiston Respublikasi Maktabgacha va maktab ta'limi vazirligi, O'zbekiston milliy pedagogika universiteti

EDITOR-IN-CHIEF:

Karimova E'zoza Gapirzhanovna – Minister of Perschool and School Education of the Republic of Uzbekistan

DEPUTY EDITOR-IN-CHIEF:

Ibragimova Gulsanam Ne'matovna – Doctor of Pedagogical Sciences, Professor

EDITORIAL BOARD MEMBERS:

Ibragimov X.I. – Doctor of Pedagogical Sciences, Academician

Shoumarov G'. B. – Doctor of Psychological Sciences, Academician

Qirg'izboyev A. K. – Doctor of Historical Sciences, Professor

Jamoldinova O.R. – Doctor of Pedagogical Sciences, Professor

Sharipov Sh.S. – Doctor of Pedagogical Sciences, Professor

Shermuhhammadov B.Sh. – Doctor of Pedagogical Sciences, Professor

Ma'murov B.B. – Doctor of Pedagogical Sciences, Professor

Madraximova F.R. – Doctor of Pedagogical Sciences, Professor

Kalonov M.B. – Doctor of Economic Sciences, Professor

Nabiyev D.X. – Doctor of Economic Sciences, Professor

Koldoshev K. M. – Doctor of Economic Sciences, Professor

Ikramxanova F.I. – Doctor of Philological Sciences, Professor

Ismagilova F.S. – Doctor of Psychological Sciences, Professor (Russia)

Stoyuxina N.Yu. – Candidate of Psychological Sciences (PhD), Associate Professor (Russia)

Magauova A.S. – Doctor of Pedagogical Sciences, Professor (Kazakhstan)

Rejep O'zyurek – Doctor of Psychological Sciences, Professor (Turkey)

Wookyu Cha – President of the National University of Education, Korea (South Korea)

Polonnikov A.A. – Candidate of Psychological Sciences (PhD), Associate Professor (Belarus)

Mizayeva F. O. – Doctor of Pedagogical Sciences, Professor

Baybayeva M.X. – Doctor of Pedagogical Sciences, Professor

Muxsiyeva A.T. – Doctor of Pedagogical Sciences, Professor

Aliyev B. – Doctor of philosophy, professor

Gafurov D. O. – Doctor of Philosophy (PhD)

Shomurodov R.T. – Candidate of Economic Sciences (PhD), Associate Professor

Mirzayeva F.O. – Doctor of Philosophy in Pedagogical Sciences (PhD), Associate Professor

Jalilova S.X. – Candidate of Psychological Sciences (PhD), Associate Professor

Bafayev M.M. – Doctor of Philosophy in Psychological Sciences (PhD), Associate Professor

Usmonova D.I. – Associate Professor, Samarkand Institute of Economics and Service

Saifnazarov I. – Doctor of philosophy, professor

Nematov Sh.E. – Candidate of Pedagogical Sciences (PhD)

Tillashayxova X.A. – Candidate of Psychological Sciences (PhD), Associate Professor

Yuldasheva F.I. – Doctor of Philosophy in Pedagogical Sciences (PhD), Associate Professor

Doniyorov S. M. – Editor-in-Chief of the Editorial Board of the newspapers "Yangi Uzbekiston" and "Pravda Vostoka", Honored Journalist of the Republic of Uzbekistan, Candidate of Philological Sciences (PhD)

Yuldasheva D.B. – Doctor of Philosophy (PhD) in Philological Sciences, Associate Professor

Tangriyev A.T. – is a professor of Tashkent State University of Economics

Ashurov R. R. – doctor of philosophy (PhD) in psychology

Panjiyev M. A. – First Deputy Head of the Department of Preschool and School Education of the Kashkadarya Region

Khudaiberganov N. A. – Senior Researcher of the Department of Natural Sciences of the Khorezm Mamun

Academy, Doctor of Philosophy (PhD) in Biological Sciences

“Maktabgacha va maktab ta’limi” jurnali O‘zbekiston Respublikasi Oliy attestatsiya komissiyasining quyidagi qarorlariga asosan pedagogika va psixologiya fanlari bo‘yicha falsafa doktori (PhD) hamda fan doktori (DSc) ilmiy darajasiga talabgorlarning dissertatsiyalaridagi asosiy ilmiy natijalarni chop etish uchun milliy ilmiy nashrlar ro‘yxatiga kiritilgan:

Pedagogika fanlari bo‘yicha: OAK Kengashi tavsiyasi (26.08.2024-y., №11-05-4381/01) asosida:

- Ekspert kengashi (29.10.2024-y., №10)
- Rayosat qarori (31.10.2024-y., №363/5)

Psixologiya fanlari bo‘yicha: Toshkent davlat pedagogika universiteti murojaatiga asosan OAK tavsiyasi (24.04.2025-y., №11-05-2566/01):

- Ekspert kengashi (25.05.2025-y., №10)
- Rayosat qarori (08.05.2025-y., №370/5)

“Maktabgacha va maktab ta’limi”
jurnali

26.09.2023-yildan

O‘zbekiston Respublikasi Prezidenti
Administratsiyasi huzuridagi Axborot
va ommaviy kommunikatsiyalar
agentligi tomonidan **№C-5669363**
reyestr raqami tartibi bo‘yicha
ro‘yxatdan o‘tkazilgan.

Litsenziya raqami: **№136361**

MUNDARIJA

Zamonaviy maktabgacha ta'lim tashkiloti direktori modeli: tizimli boshqaruv yondashuvi asosida shakllanishi.....	14
Abdullayeva Nafisa Shavkatovna, Maraimova Muxtabar Pulatovna	
O'smirlardagi nevroz holatining psixologik xususiyatlari.....	20
Abduraximov Doniyor Abdusaid o'g'li	
Ta'lim siyosati va o'qituvchilarning kasbiy rivojlanishi: xalqaro tajriba va o'zbekistonda amaliyot taqqoslamasi.....	25
Ahadova Mushtariybonu Akmal qizi	
Bo'lajak boshlang'ich sinf o'qituvchilarining kasbiy kompetensiyalarini rivojlantirishning hozirgi holati va o'ziga xosligi	30
Beknazarova Muxlisa O'tkir qizi	
Ta'lim sifatini oshirishda "Barkamol avlod" bolalar maktablarining zarurati va ahamiyati	33
Eshmuminova Oybarchin Botirovna	
Bolalarda nutq kamchiliklari: etiologiya, rivojlanish dinamikasi va erta aralashuv	39
Isayeva Mushtariy Alisher qizi	
Boshlang'ich sinf o'quvchilarini kitobxonlikka o'rgatish usullari	44
Maydonova Saboxat Sadulloyevna	
Boshlang'ich sinf o'quvchilarida kitobxonlik vositasida badiiy adabiyot namunalari qiziqishni shakllantirishning o'ziga xos jihatlari.....	48
Mingbayeva Barno Ubaydullayevna	
Pedagogical Characteristics in Enhancing Speaking Skills of Esp Learners in English Language Classes Through Digital Technologies	52
Pardayeva Zulaykho Yusubjonovna	
Nutq buzishlarida uchraydigan idrok jarayonining o'ziga xos xususiyatlari	55
Ruziyeva Guzal Shuxrat qizi	
"Biologik savodxonlik" tushunchasi zamonaviy ta'lim paradigmasi kontekstida	59
Umaraliyeva Mamura Tashxodjayevna	
O'qituvchi faoliyatida kasbiy madaniyatning o'rni	65
Umarova Feruzabonu Bobir qizi	
Gamifikatsiyalangan jismoniy tarbiya mashg'ulotlarining 11–12 yoshli o'quvchilarda emotsional barqarorlikka amaliy ta'siri.....	68
Tojiyev Baxriddin Baxtiyorovich	
O'quvchi yoshlarni milliy qadriyatlar va an'analarga hurmat ruhida tarbiyalashning nazariy asoslari	72
Isokov Ravshanbek Ulug'bek o'g'li	
Media va axborot savodxonligi 21-asr pedagoglarning asosiy kompetensiyasi sifatida.....	76
Boypolvonov Barot Djonqobulovich	
Bo'lajak ingliz tili o'qituvchilarining leksik kompetensiyasini takomillashtirishning lingvistik va lingvometodik talqini.....	81
Ismoilova Zarnigor Raximjon qizi	
O'quvchi yoshlarni milliy qadriyatlar va an'analarga hurmat ruhida tarbiyalashning nazariy asoslari	86
Isokov Ravshanbek Ulug'bek o'g'li	
Pedagogik faoliyatda stress namoyon bo'lishiga ijtimoiy omillarning ta'siri	90
Jumanova Ug'loy Sodiqjonovna	
Oliy ta'lim muassasalarida nomutaxassislik yo'nalishlarida ingliz tilini o'qitishni takomillashtirish.....	96
Koshayeva Sansabila Kamiljanovna	
Ijtimoiy-ekologik madaniyatni rivojlantirishda xalqaro tajribalar va ta'lim jarayonining o'rni.....	100
Mamajonova Fotimaxon O'ktamovna	
Bo'lajak boshlang'ich sinf o'qituvchilarining kreativ kompetentligini rivojlantirishning ahamiyati	105
Murodova Madina Karim qizi	
Elektrotexnika va elektronika fanini o'qitishning zamonaviy metodlari	108
Ortiqov Mironshoh Sodiqovich	



Bo'lajak ingliz tili o'qituvchilarining kasbiy kompetensiyasini takomillashtirishda Blended learning texnologiyasini O'zbekiston oliy ta'lim tizimiga tatbiq etish.....	110
Pakirdinova Sharofat Abdumutaljonovna	
O'zbekistonda ta'lim sohasi bo'yicha strategik dasturlarni ishlab chiqish istiqbollari.....	115
Quronboyeva Mavluda Bahodirovna	
Xalqaro baholash dasturlari va neyropedagogika	120
Sidiqova Yulduz Sobirovna	
6-sinf o'quvchilarida matn bilan ishlash ko'nikmasini shakllantirish metodikasi	123
Xamroyeva Dilnoza Jahongir qizi	
Talabalarda pedagogik qobiliyatlarni shakllantirishda pedagogik texnologiyalarning ahamiyati	128
Yusupov Ulug'bek Kadirovich	
Adabiy ta'lim jarayonida o'quvchi ma'naviy kamolotini ta'minlashda motivatsiya uyg'otish texnologiyalarini takomillashtirish	132
F. Zaynabuddinov	
Развитие поликультурной компетентности студентов в образовательной среде вуза	135
Киреева Эльвина Фларитовна	
Yoshlarni vatanparvarlik ruhida tarbiyalashda pedagogik xususiyatlar	140
Sanayev Gayrat Shermuxamedovich	
Maktabgacha yoshdagi bolalar muloqot madaniyatini tarbiyalashning pedagogik mexanizmlarini takomillashtirish	144
Boybo'riyeva Saodat O'ralovna	
Kattalar ta'limi texnologiyasi: muammolar, yondashuvlar va rivojlanish yo'nalishlari	148
Davletova A.	
Yangi O'zbekistonda inklyuziv ta'limni rivojlantirishning huquqiy asoslari	152
G'aniyeva Gulrux Tavakkaljon qizi	
Innovatsion ta'lim texnologiyalari asosida bo'lajak o'qituvchilarni ma'naviy-axloqiy sifatlarini rivojlantirish	156
Madmarova Gulchexra Qodirovna	
O'lkashunoslik materiallarining oliy ta'lim jarayonida tarbiyaviy salohiyatini ochib berish	160
Mamajonov Mo'minjon	
Muhandislik grafikasi darslarida o'quv faoliyatining shaxsga yo'naltirilgan innovatsion modeli	165
Mamasidikova Gulnora Muhammad qizi	
Sun'iy intellektga asoslangan ta'limiy resurslarning pedagogik imkoniyatlari.....	169
Muhiddinov Muhiddin Nuriddin o'g'li	
Ijod maktablari o'quvchilarining badiiy-ijodiy kompetensiyasini rivojlantirishda interfaol metodlarning ahamiyati.....	173
Nurmatova Shohistaxon Muhammadjonovna	
Voleybolchi qizlarni tayyorlashning differensial vositalaridan foydalanish zarurligini, ularning o'yin amplusini hisobga olgan holda aniqlash usullari	178
Odilova Feruzaxon Valijon qizi	
PIRLS baholash tizimini qo'llash vositasida mustaqil o'qishga o'rgatishda IMEN texnologiyalaridan foydalanish.....	184
Olimjonova O'g'ilxon Abdurasul qizi	
Yoshlar o'rtasida internet qaramligi va ijtimoiy izolyatsiya zamonaviy Maugli sindromining klinik ko'rinishlari	188
Polvanov Rasulbek Baxtiyarovich	
Boshlang'ich maktabda o'zbek tili darslarida differensial ta'limdan foydalanishning pedagogik shart-sharoitlari	192
Rasulova Nozigul Abdivahid qizi	
Ona tili va o'qish savodxonligi darslarida boshlang'ich sinf o'quvchilarining nutqini takomillashtirish	196
Sharofova Nilufar Ilhom qizi	
Xalqaro baholash dasturlari asosida ta'lim samaradorligini oshirishning pedagogik shart-sharoitlari (PIRLS misolida).....	200
Tuxtasinova Munira Ibragimovna	
Fransuz tili darslarida tabiatshunoslik atamalarini boshlang'ich sinflarda shakllantirish va o'rgatishning o'ziga xos xususiyatlari.....	204
Umarova Madinabonu Bahodir qizi	

O'smir psixologik salomatligini barqarorlashtirishda art-terapiyadan foydalanishning imkoniyatlari	208
<i>Yusupxodjayeva Umida Baxodir qizi</i>	
Nofillologlarni (filolog bo'lmaganlarni) kasbiy aloqa madaniyatiga o'rgatish maqsadida zamonaviy ingliz tilining lingvometodik tahlili.....	214
<i>Zarina Itolmasova</i>	
Forsayt va qaror qabul qilishni bog'lovchi kognitiv komponentlar.....	219
<i>Hasanova Sumanbar Hamroqulovna</i>	
Разработка и внедрение виртуальных лабораторных работ по биохимии для студентов фармацевтических факультетов.....	222
<i>Мамадалиева Зарина</i>	
Abduqodir Shakuriyning ta'lim va tarbiya haqidagi umumiy qarash va g'oyalari: chuqur tahlil	226
<i>Ashurova Dilrabo Isroil qizi</i>	
Bo'lajak pedagoglarda ijtimoiy-madaniy kompetentlikni rivojlantirish metodikasini takomillashtirish tizimi ..	230
<i>Jakbarova Zarifaxon Solijon qizi</i>	
Badiiy-estetik qobiliyat tuzilmasi va uning rivojlanishiga ta'sir etuvchi omillar	233
<i>G. S. Kaxarova</i>	
Umumta'lim maktablarida informatika o'qitish asosida ta'limni raqamlashtirishning metodologik asoslari...	236
<i>Mamajanov Rakhmatilla Yakubjanovich</i>	
Shaxsda ma'naviy intellektni rivojlanishiga qadriyatlar yo'nalganligining ta'siri.....	240
<i>Mirxoliqova Charos Xabibullayevna</i>	
O'qituvchilarning sun'iy intellekt bo'yicha kompetentligini rivojlantirishda metodik yondashuv	244
<i>Najmetdinova Nargiza Sayfetdinovna</i>	
Ismlarning ma'noliligi va ularni o'qitishda lingvopedagogik yondashuvlar	252
<i>Sanakulov Zayniddin Ibodullayevich</i>	
Fitnes-aerobika mashqlaridan foydalangan holda sog'lomlashtirish mashg'ulotlari uslubiyati.....	258
<i>Shaxriddinova Laylo Nurxonovna</i>	
Raqamli ta'lim texnologiyalarining didaktik va "learning analytics"ning nazariy asoslari	262
<i>Sulaymanov Zulqaynar Rajabali o'g'li</i>	
Esse yozishni o'rgatishda zamonaviy metodlar.....	268
<i>Xamroyeva Dilnoza Jahongir qizi</i>	
Iqtisodiy matnlar tarjimasini o'rgatishda raqamli simulyatsiya va virtual reallik (VR) texnologiyalaridan foydalanish imkoniyatlari.....	272
<i>Xujanazarova Nozima Omonjonovna</i>	
Yoshlarni harbiy vatanparvarlik ruhida tarbiyalashning ilmiy metodologik asoslari	275
<i>Axmedov Nodir Sadir o'g'li</i>	
Talaba-yoshlarda qo'shiq ijrochilik san'atini shakllantirishning zamonaviy pedagogik xususiyatlari: ta'lim islohotlari kontekstida yondashuv.....	279
<i>Begisbay Temirbayev</i>	
Xorijiy davlatlarda biologiya o'qituvchilarini tayyorlash tajribasi va uni O'zbekiston sharoitida qo'llash imkoniyatlari.....	283
<i>Hayitov Abdirasul Eshdavlatovich</i>	
Texnika oliy ta'lim muassasalari talabalariga umumiy fizika kursini o'qitishda virtual laboratoriyalarning ahamiyati.....	286
<i>Abdurakibov Akmal Abdugaparovich</i>	
Ixtisoslashtirilgan maktab o'quvchilarining gapirish va yozish ko'nikmalarini rivojlantirishda yangi – "instruksional texnologiya" va sun'iy intellektga tayanib o'qitish metodologiyasi.....	290
<i>Abrorxo'ja Muminxo'jayev Muksumxodjayevich</i>	
Jaloliddin Rumiy fikrlarining hozirgi yoshlarga ta'siri	296
<i>Allayarov Doniyor Islom o'g'li</i>	
Zamonaviy pedagogik texnologiyalar asosida o'quvchilarda tanqidiy fikrlashni rivojlantirish.....	298
<i>Aygul Aralbayevna Urazimbetova</i>	
Sud psixologik ekspertizasida travmatik tajriba (PTSD) fonida emotsional reaksiya va ko'rsatma sifati o'rtasidagi bog'liqlik.....	301
<i>Dehqonboyev Shohjahon Oybek o'g'li</i>	
Boshlang'ich ta'limda 4 "K" kompetensiyalarini rivojlantirishdagi muhim dolzarbliklar	307
<i>Idiyeva Gulchehra Izomovna</i>	



Bikaryer oilalarda gender rollar integratsiyasi jarayonidagi psixologik omillar.....	311
<i>Ishboboyeva Gulbarchin Rustam qizi</i>	
Talabalar mustaqil ta'limini tashkil etishda sun'iy intellekt texnologiyalarida foydalanish muammolari va yechimlari.....	315
<i>Karshiyeva Dilnoza Utkirjonovna</i>	
Boshlang'ich ta'limda o'quvchilarning metakognitiv ko'nikmalarini shakllantirishda reflektiv yondashuv.....	319
<i>Laylo Baxtiyor qizi Axmedova</i>	
1939-1945-yillarda O'zbekiston hududida qishloq xo'jaligidagi paxtachilik va oziq-ovqat muammolari.....	323
<i>Mutallibjonov Boburmirzo Muzaffarovich</i>	
Oliy ta'lim muassasalari talabalarining tajriba oxiri jismoniy tayyorgarligi darajasi dinamikasi.....	328
<i>Samadov Sardor Sodiqovich</i>	
O'zbekiston umumta'lim maktablarida mazmun va til integratsiyalashgan o'qitish (CLIL) yondashuvining pedagogik va amaliy imkoniyatlari.....	335
<i>Tursunaliyeva Muattar Alisher qizi</i>	
O'rta maktab 11-sinf o'quvchilarining lug'at boyligini oshirishda turli metodlarning o'rni.....	340
<i>Xamzayeva Ruxshona Abdusamadovna</i>	
Umumta'lim maktablardagi ingliz tili o'quv darsliklari tahlili.....	344
<i>Xiloldinova Zulayho</i>	
Ingliz klassik adabiyoti orqali talabalar ma'naviy-axloqiy dunyoqarashini shakllantirishning innovatsion yondashuvlari.....	348
<i>Ziyotov Farruh Saodilla o'g'li</i>	
XVI asr oxiri va XVII asr boshlarida ingliz dramasi janri va uslub xususiyatlari.....	352
<i>Sherqulova Zuloyho Dilshod qizi</i>	
Биохимическая роль витаминов как кофакторов в метаболических процессах организма.....	356
<i>М. У. Джалилов</i>	
ESL/EFL (ingliz tili ikkinchi/chet til sifatida) kontekslarida lug'at boyligini rivojlantirishda loyiha asosidagi ta'lim (PBL – Project-Based Learning): tajribalar, natijalar va O'zbekiston sharoiti uchun tavsiyalar.....	359
<i>Masharibova Sayyora Ahmedovna</i>	
Maktabga tayyorlov yoshidagi bolalarda kognitiv tezkorlikni rivojlantirishda multisensor yondashuvning samaradorligi.....	364
<i>Musratova Zilola</i>	
Yangi O'zbekiston sharoitida talabalarning tarixiy dunyoqarashini rivojlantirishda tarixiy ongning ahamiyati.....	367
<i>Shadibekova Dildora Fazildjanovna</i>	
O'zbekiston maktablarida ingliz tili darslarida tanqidiy fikrlashni rivojlantirish: yuqori sinflarda eksperimental tadqiqot dizayni.....	371
<i>Ahmadjonova Diyora Dilshod qizi</i>	
Texnika oliy ta'lim muassasalarida umumiy kimyo kursini integrativ takomillashtirishning ilmiy metodik asoslari.....	376
<i>A. A. Xaydarov</i>	
Sport faoliyatida pedagogning o'rni.....	380
<i>Isoqov Nuriddin Halim o'g'li</i>	
Katta maktabgacha yoshdagi yengil dizartriya nutq nuqsoniga ega bo'lgan bolalarning lug'at boyligini tekshirish.....	384
<i>Mamatova Aziza Bo'riboyevna, Xayrulloeva Marjona Tuychi qizi</i>	
Sharqiy mintaqalarda ajrimdan keyingi erkaklarning psixologik holati: an'anaviylik va zamonaviylik o'rtasida.....	387
<i>Nazokat Xudoyqulova</i>	
Modellashtirish jarayonida "Geogebra" matematik dasturining imkoniyatlari.....	393
<i>O. Halimov, M. Jo'raqulova</i>	
Bo'lajak o'qituvchilarni ijodiy fikrlashini rivojlantirishning pedagogik psixologik asoslari.....	398
<i>Ozoda Tolipova, Jumaboyeva Zarnigor</i>	
Shaxsda psixologik barqarorlikni rivojlantirish omillari.....	403
<i>Ozoda Tolipova</i>	
Oilaviy qo'llab-quvvatlovsiz sportchilarda yolg'izlik hissi va depressiv belgilarning paydo bo'lishi.....	407
<i>Qaimova Gulmira Uchqun qizi</i>	

Duduqlanuvchi bolalar bilan olib boriladigan logopedik ishlarda oilaning o'rni	410
Raxmatova Elmira Shavkat qizi	
Ajrashgan oilalarda voyaga yetmagan bolalarning psixologik moslashuv darajasi	413
Ro'ziyeva Zilola Fayzulla qizi	
Rinolaliya nutq nuqsoniga ega bolalar bilan operatsiyadan oldingi davrda olib boriladigan logopedik ishlar	417
Shokirova Shaxnoza Dilmurodovna, Nig'matova Movluda Asatulla qizi	
Ertaturmush qurish muammosining ijtimoiy psixologik asoslari	421
Sodiqova Gulbarno Odiljon qizi	
Pedagogik kompetentlikni shakllantirishda raqamli texnologiyalarning ahamiyati	424
G'ofurova Mohidil Sayfutdin qizi	
Integrativ yondashuv asosida v-vi sinflarni raqamli texnologiya vositasida o'qitishning pedagogik va psixologik mezonlari	427
Abdug'afur Avliyoqulov	
Raqamli ta'lim muhitida bo'lajak boshlang'ich sinf o'qituvchilarining akmeologik pozitsiyasini rivojlantirish	432
Aralova Dilafroz Dushaboy qizi	
Pedagogical Foundations for the Development of National Sports Within the Framework of Physical Education for Schoolchildren	436
Aximetov Bayrambay Kanatbayevich	
Boshlang'ich sinf o'quvchilarida zamonaviy integrativ metodlar asosida ilmiy dunyoqarashini rivojlantirishning didaktik modeli	441
Boltayeva Xolida	
O'smirlarda gender infekatsiya namoyon bo'lishiga ta'sir etuvchi psixologik omillar	446
Karimova Gulhumor Shodi qizi	
Talabalarni psixologik treninglar asosida ijtimoiylashtirish omillari	449
Omonova Oyguil Qodir qizi	
Talabalarda bashoratlash ko'nikmalarini shakllantirishning ilmiy pedagogik masalalari	454
Rustamov Bektosh Ximmatovich	
Bo'lajak musiqa o'qituvchilarining badiiy ijod qobiliyatlarini rivojlantirish tamoyillari	458
Saddinov Alisher Atadjanovich	
How to Teach Vocabulary in EFL Classrooms	462
Sarvinov Mirzaliyeva	
Urologiyani o'qitishda interaktiv, multimedia, raqamli texnologiyalarning qo'llanilishi	465
Sayfedinov Sanjarbek Ikramovich	
Taekvondochilarni yillik siklda tayyorlashni rejalashtirish xususiyatlari	469
A. A. Nuriddinov	

HOW TO TEACH VOCABULARY IN EFL CLASSROOMS

Sarvinoz Mirzaliyeva

English Language teacher at Presidential school in Andijan

Abstract: Teaching vocabulary plays a pivotal role in effective language instruction in Teaching English as a Foreign Language (TEFL). This article explores the importance of vocabulary acquisition, emphasizing its incremental nature and multifaceted aspects, such as receptive and productive knowledge. The difference between direct vocabulary teaching (explicit instruction) and incidental learning (acquiring knowledge unintentionally) is explored, weighing their effectiveness and applicability in TEFL contexts. Special attention is given to challenges faced by second-language learners, including limited exposure to authentic input and opportunities for output. Furthermore, the article examines the integration of technological tools and interactive games in vocabulary teaching, showcasing their potential to engage learners and reinforce word mastery through innovative and dynamic approaches. Practical teaching strategies are proposed to bridge learning gaps and enhance vocabulary acquisition.

Key words: vocabulary acquisition, receptive knowledge, productive knowledge, direct teaching, incidental teaching.

Annotatsiya: Lug'atni o'rgatish chet tillarini o'rgatishda (TEFL) samarali til ta'limini tashkil etishda muhim rol o'ynaydi. Ushbu maqola lug'atni o'zlashtirishning ahamiyatini o'rganadi, uning bosqichma-bosqich xarakterini va reseptiv hamda produktiv bilim kabi ko'p qirrali jihatlariga to'xtaladi. To'g'ridan-to'g'ri lug'at o'rgatish (aniq ta'lim) va tasodifiy o'rganish (bilimni tasodifan o'zlashtirish) o'rtasidagi farq o'rganilib, ularning TEFL kontekstlaridagi samaradorligi va qo'llanilishiga tahlil olib boriladi. Til o'rganuvchilar duch kelishi mumkin bo'lgan muammolar, jumladan, cheklangan materiallar va til ko'nikmalarini hosil qilishdagi qiyinchiliklarga alohida to'xtalgan. Bundan tashqari, maqola lug'at o'rgatishda texnologik vositalar va interaktiv metodlarning samaradorligini ta'kidlaydi, ularning o'quvchilarni jalb qilish va so'zlarni egallashni mustahkamlashdagi salohiyatini namoyish etadi. O'rganishdagi bo'shliqlarni to'ldirish va lug'atni o'zlashtirishni kuchaytirish uchun amaliy ta'lim strategiyalari taklif etiladi.

Kalit so'zlar: lug'at o'rganish, reseptiv bilim, produktiv bilim, to'g'ridan-to'g'ri o'rgatish, tasodifiy o'rganish.

Аннотация: Преподавание словарного запаса играет ключевую роль в эффективном обучении языкам в рамках программы Teaching English as a Foreign Language (TEFL). Эта статья исследует важность приобретения словарного запаса, подчеркивая его поэтапный характер и многоаспектные стороны, такие как рецептивные и продуктивные знания. Рассматривается разница между прямым обучением словарному запасу (явным обучением) и случайным обучением (приобретением знаний непреднамеренно), оценивается их эффективность и применимость в контексте TEFL. Особое внимание уделяется проблемам, с которыми сталкиваются изучающие второй язык, включая ограниченный доступ к аутентичным материалам и возможности для практики. Более того, статья рассматривает интеграцию технологических инструментов и интерактивных игр в преподавание словарного запаса, демонстрируя их потенциал для вовлечения учащихся и укрепления освоения слов через инновационные и динамичные подходы. Предлагаются практические стратегии обучения для преодоления пробелов в обучении и улучшения усвоения словарного запаса.

Ключевые слова: приобретение словарного запаса, рецептивное знание, продуктивное знание, прямое обучение, случайное обучение.

INTRODUCTION

Vocabulary acquisition is the backbone of successful language learning, particularly in Teaching English as a Foreign Language (TEFL) contexts. Unlike grammar or pronunciation, vocabulary directly impacts learners' ability to understand and produce language. Vocabulary acquisition in a foreign language is not an immediate process; rather, it is gradual and requires consistent effort, time, and repetition. Drawing on Nation's framework of word knowledge—including meaning, form, grammar, collocations, register, associations, and frequency—the article highlights the complexities involved in mastering vocabulary. Many language learners struggle to use



newly learned words in productive skills despite understanding their meaning when the words appear in texts. This discrepancy arises due to different levels of word knowledge.

Knowing a word involves much more than simply understanding its basic meaning. This knowledge includes several important aspects such as word frequency, register, collocation, form and derivative forms, semantic value, and word association. When a language learner recognizes a word while reading or listening but cannot actively use it, it is referred to as receptive vocabulary. In contrast, productive vocabulary refers to words a person can use when speaking or writing. Both types are equally important; however, to communicate effectively and fluently in a foreign language, learners must grow their productive vocabulary.

Effective vocabulary instruction is essential to meet this need, as learners often have limited exposure to authentic input outside the classroom. Nation ^[1, pp. 18-19] emphasizes that without sufficient knowledge of high-frequency vocabulary, language learners struggle to communicate effectively in oral or written forms. This article explores various teaching strategies that can enhance vocabulary acquisition and addresses the challenges faced by EFL learners. Ultimately, this article argues that while direct vocabulary instruction requires careful application, it remains a vital tool for equipping learners with the linguistic resources needed for successful communication in English.

LITERATURE REVIEW

Teaching vocabulary in EFL contexts has gained significant traction over the years, with scholars emphasizing various approaches to enhance acquisition. Nation ^[1, p.29] explains that knowing a word is a complex process; therefore, he categorizes word knowledge into dimensions such as meaning, form, grammar, collocations, register, associations, and frequency. High-frequency words are essential to build linguistic foundations as they appear more frequently in texts and are less formal compared to mid- or low-frequency words. Most high-frequency words include function words and content words. Nation ^[1, pp.18-19] suggests that both types of words need to be learned as they carry grammatical and lexical information. His research indicates that high-frequency words should be given specific attention in language courses and that they can be learned through direct methods, incidental learning, and focused teaching.

Function words in English include auxiliary verbs, prepositions, determiners, conjunctions, pronouns, and adverb particles. Content words encompass nouns, verbs, adjectives, and adverbs that convey specific meanings (e.g., teacher, intelligent, create). A second or foreign language acquisition is quite complex since there is a large stock of word groups and phrases. According to Boers & Lindstromberg ^[2, pp.1-2], knowing a long list of words and mastering grammar rules do not necessarily make a person a proficient language user unless they can combine words as a native speaker does. Their findings show that mastering semi-fixed lexical phrases or “word chunks” enhances fluency and naturalness in communication. For example, non-native speakers may mistakenly say “do an effort” instead of “make an effort”, highlighting the importance of teaching collocations. Therefore, it is essential that language learners acquire diverse types of word chunks such as collocations (put pressure), social routine formulae (have a nice day), discourse markers (on the other hand), etc. These expressions cannot be learned incidentally because it is often difficult to infer their meanings from context; they should be learned deliberately.

Vocabulary learning is not instantaneous; new words are mastered over time through repetition and exposure in various contexts. Thornbury ^[3, pp.24-25] discusses several key strategies for effective vocabulary learning and retention, emphasizing the importance of repetition. His research indicates that repetition, retrieval practice, and spaced learning are some of the most effective methods for memorizing words. However, repetition should not be limited to rote learning; instead, it should involve meaningful engagement with the words.

Research suggests that learners are more likely to remember a word if they encounter it at least seven times spaced out over time. Schmitt ^[4, pp.120-121] discusses the dual role of direct instruction and incidental learning in vocabulary acquisition. While direct instruction provides structured opportunities for learning high-frequency words, incidental learning through reading, listening, and interaction offers contextualized exposure to vocabulary. His article highlights the strengths and limitations of these two approaches. Explicit learning involves directly focusing on vocabulary items with the intention of learning them. It is highly effective because it ensures focused attention on the target words, maximizing retention chances. However, explicit learning can be time-consuming and labor-intensive. For most learners, it would be impractical to rely solely on this method to acquire a sufficiently large vocabulary. Conversely, incidental learning occurs naturally while using the language for communication, such as reading or conversing. It serves a dual purpose—learning vocabulary while engaging in communicative activities—yet it is slower and less targeted than explicit learning. Learners may need to engage with substantial content over an extended period to encounter specific words, especially less common ones.

Godwin-Jones ^[6, 22(2), pp.7-8] highlights how learners increasingly rely on digital tools such as social media, online communities, videos, and music to acquire language, including vocabulary. This shift reflects the multi-modal and multilingual nature of online communication, where learners encounter words in dynamic contexts

that combine text, images, audio, and video. The author suggests several Spaced Repetition Software (SRS) programs to help language learners memorize words with minimum effort. One of them is Anki, which is a flashcard application that uses spaced repetition to help users learn and memorize information more effectively. Interactive games and gamification strategies foster engagement and motivation while reinforcing vocabulary retention. By integrating technology into vocabulary instruction, educators can create immersive learning experiences that resonate with today's learners. DeHaan ^[7, 14(2), p.76] explains the relationship between interactivity and cognitive load in media environments.

ANALYSIS AND RESULTS

Implementing structured vocabulary teaching strategies has shown promising results in various studies. It was found that learners exposed to deliberate vocabulary instruction, coupled with meaningful tasks, demonstrated higher retention rates. Laufer & Hulstijn ^[5, 22(1), 1–2] suggest another effective method to memorize a new list of words. In their article, elaboration on word features is emphasized. Psychologists advocate that creating associations between new and existing knowledge improves memory. Since vocabulary acquisition is gradual and, for many students, the most boring part of language learning, it is highly effective to apply various interactive tasks and activities. Wordwall is an interactive tool that helps language learners acquire vocabulary effectively through engaging and customizable activities. Wordwall enables repeated exposure to vocabulary through games like flashcards, quizzes, and word searches. These activities promote retrieval practice, which strengthens learners' ability to recall words over time. Teachers can tailor Wordwall activities to target specific vocabulary sets, such as high-frequency words, collocations, or thematic vocabulary (e.g., food, travel). This customization ensures learners focus on relevant and useful vocabulary.

Another useful platform that teachers can use to design vocabulary activities is FLIPITY.NET. It offers engaging and fun activities for language learners to revise, retain, and practice new vocabulary. BAAMBOOZLE and JEOPARDY are gamified tools that can be played with students while teaching vocabulary in the classroom. They can be played in teams, encouraging collaboration and communication among students.

Teaching Strategies for Vocabulary Acquisition. To effectively teach vocabulary in EFL classrooms, educators can implement several practical strategies:

- Direct Instruction: Begin with explicit teaching of high-frequency vocabulary using clear definitions and examples. Employ visual aids such as flashcards or multimedia presentations to enhance understanding.
- Contextual Learning: Provide opportunities for students to encounter new words within meaningful contexts. Use authentic texts—such as articles, stories, or dialogues—to illustrate how words function in real-life situations.
- Repetition and Spacing: Incorporate spaced repetition techniques where learners revisit vocabulary at intervals over time. This method helps reinforce memory retention beyond initial exposure.
- Word Mapping: Encourage students to create word maps or semantic networks that connect new vocabulary with existing knowledge.

CONCLUSION

Teaching vocabulary in EFL classrooms requires a balanced approach that integrates both direct instruction and incidental learning methods. While direct instruction ensures focused attention on critical vocabulary items, incidental learning provides contextualized exposure that enhances retention over time. Incorporating technological tools and interactive games into language instruction further engages learners while reinforcing their mastery of new words. By addressing challenges such as limited exposure to authentic input and focusing on productive vocabulary development, educators can equip learners with the linguistic resources needed for successful communication in English. Along with teaching strategies, instructors should also be aware of what to teach, focusing on high-frequency words, semi-fixed phrases, and word chunks. Revising, retaining, and practicing vocabulary over time are key points in successful vocabulary acquisition.

References:

1. Nation, I.S.P. (2000). *Learning Vocabulary in Another Language*. Cambridge University Press.
2. Boers, F., & Lindstromberg, S. (2009). *Optimizing a Lexical Approach to Instructed Second Language Acquisition*. Palgrave Macmillan, pp. 27–29.
3. Thornbury, S. (2002). *How to Teach Vocabulary*. Pearson Education Limited, pp. 35–38.
4. Schmitt, N. (2010). *Vocabulary in Language Teaching*. Cambridge University Press, pp. 21–23.
5. Laufer, B., & Hulstijn, J.H. (2001). "Incidental Vocabulary Acquisition in a Second Language: The Construct of Task-Induced Involvement." *Applied Linguistics*, 22(1), 1–26.
6. Godwin-Jones, R. (2018). "Second Language Vocabulary Learning Through Mobile Apps." *Language Learning & Technology*, 22(2), 5–25.
7. DeHaan, J., Reed, W.M., & Kuwada, K. (2010). "The Effect of Interactivity with a Video Game on Second Language Vocabulary Recall." *Language Learning & Technology*, 14(2), 31–47.

- 
- 13.00.00 Pedagogika fanlari
 - 13.00.01 Pedagogika nazariyasi. Pedagogik ta'limotlar tarixi
 - 13.00.02 Ta'lim va tarbiya nazariyasi va metodikasi (sohalar bo'yicha)
 - 13.00.03 Maxsus pedagogika
 - 13.00.04 Jismoniy tarbiya va sport mashg'ulotlari nazariyasi va metodikasi
 - 13.00.05 Kasb-hunar ta'limi nazariyasi va metodikasi
 - 13.00.06 Elektron ta'lim nazariyasi va metodikasi (ta'lim sohaları va bosqichlari bo'yicha)
 - 13.00.07 Ta'limda menejment
 - 13.00.08 Maktabgacha ta'lim va tarbiya nazariyasi va metodikasi
 - 13.00.09 Ijtimoiy pedagogika
 - 07.00.00 Tarix fanlari
 - 19.00.00 Psixologiya fanlari
 - 01.00.00 Fizika-matematika fanlari
 - 02.00.00 Kimyo fanlari
 - 03.00.00 Biologiya fanlari
 - 09.00.00 Falsafa fanlari
 - 10.00.00 Filologiya fanlari
 - 11.00.00 Geografiya fanlari



MAKTABGACHA VA MAKTAB TA'LIMI

Mas'ul muharrir: Ramzidin Ashurov

Ingliz tili muharriri: Murod Xoliyorov

Musahhih: Alibek Zokirov

Sahifalovchi va dizayner: Iskandar Islomov

2025. №8

© Materiallar ko'chirib bosilganda "Maktabgacha va maktab ta'limi" jurnali manba sifatida ko'rsatilishi shart. Jurnalda bosilgan material va reklamalardagi dalillarning aniqligiga mualliflar ma'sul. Tahririyat fikri har vaqt ham mualliflar fikriga mos kelamasligi mumkin. Tahririyatga yuborilgan materiallar qaytarilmaydi.

"Maktabgacha va maktab ta'limi" jurnali 26.09.2023-yildan O'zbekiston Respublikasi Prezidenti Adminstratsiyasi huzuridagi Axborot va ommaviy kommunikatsiyalar agentligi tomonidan №C-5669363 reyestr raqami tartibi bo'yicha ro'yxatdan o'tkazilgan.
Litsenziya raqami: № 136361.

Manzilimiz: Toshkent shahar, Yunusobod tumani
19-mavze, 17-uy.