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MAKTABGACHA  
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TA'LIMI VAZIRLIGI



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- 13.00.00 Pedagogika fanlari
- 13.00.01 Pedagogika nazariyasi. Pedagogik ta'limotlar tarixi
- 13.00.02 Ta'lim va tarbiya nazariyasi va metodikasi (sohalar bo'yicha)
- 13.00.03 Maxsus pedagogika
- 13.00.04 Jismoniy tarbiya va sport mashg'ulotlari nazariyasi va metodikasi
- 13.00.05 Kasb-hunar ta'limi nazariyasi va metodikasi
- 13.00.06 Elektron ta'lim nazariyasi va metodikasi (ta'lim sohaları va bosqichlari bo'yicha)
- 13.00.07 Ta'limda menejment
- 13.00.08 Maktabgacha ta'lim va tarbiya nazariyasi va metodikasi
- 13.00.09 Ijtimoiy pedagogika
- 07.00.00 Tarix fanlari
- 19.00.00 Psixologiya fanlari
- 01.00.00 Fizika-matematika fanlari
- 02.00.00 Kimyo fanlari
- 03.00.00 Biologiya fanlari
- 09.00.00 Falsafa fanlari
- 10.00.00 Filologiya fanlari
- 11.00.00 Geografiya fanlari

# M

# AKTABGACHA VA AKTAB TA'LIMI

Pedagogika, psixologiya fanlariga ixtisoslashgan ilmiy jurnal



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## EFFECTIVENESS OF FORMING A TOLERANT THINKING IN FUTURE SOCIAL WORK SPECIALISTS

Ergashev Ikhtiyor Bakhtiyor ugli

Independent researcher at Namangan state university

**Annotatsiya:** This article discusses the issue of forming a tolerant mindset in future social work specialists. The importance of tolerance in ensuring social stability, protecting human rights, and professional activity in the context of globalization and cultural diversity is analyzed. Philosophical, psychological, and pedagogical interpretations of the concept of tolerance, as well as effective methods and technologies for its development, are presented. The article suggests ways to form tolerance through interactive methods, trainings, volunteering, and the use of information technologies. Criteria and indicators for assessing effectiveness are also developed.

**Kalit so'zlar:** tolerance, social work, professional competence, empathy, interactive methods, volunteering, social stability, pedagogical technology.

**Abstract:** Ushbu maqolada bo'lajak ijtimoiy ish mutaxassislarida tolerantlik tafakkurini shakllantirish masalasi yoritilgan. Globallashuv va madaniy xilma-xillik sharoitida tolerantlikning ijtimoiy barqarorlikni ta'minlash, inson huquqlarini himoya qilish va kasbiy faoliyatdagi ahamiyati tahlil etilgan. Shuningdek, tolerantlik tushunchasining falsafiy, psixologik va pedagogik talqinlari, uni rivojlantirishning samarali metod va texnologiyalari yoritib berilgan. Maqolada interfaol metodlar, treninglar, volontyorlik faoliyati va axborot texnologiyalaridan foydalanish orqali tolerantlikni shakllantirish yo'llari taklif etilgan. Shuningdek, samaradorlikni baholash mezonlari va indikatorlari ishlab chiqilgan.

**Key words:** tolerantlik, ijtimoiy ish, kasbiy kompetensiya, bag'rikenglik, empatiya, interfaol metodlar, volontyorlik, ijtimoiy barqarorlik, pedagogik texnologiya.

**Аннотация:** В статье рассматривается проблема формирования толерантного мышления у будущих специалистов социальной работы. Анализируется значение толерантности в обеспечении социальной стабильности, защите прав человека и профессиональной деятельности в условиях глобализации и культурного многообразия. Также приводятся философские и психолого-педагогические трактовки понятия толерантности, эффективные методы и технологии её развития. В статье предлагаются способы формирования толерантности посредством интерактивных методов, тренингов, волонтерства и использования информационных технологий. Разработаны критерии и показатели оценки эффективности.

**Ключевые слова:** толерантность, социальная работа, профессиональная компетентность, эмпатия, интерактивные методы, волонтерство, социальная стабильность, педагогические технологии.

### INTRODUCTION

One of the most important tasks facing humanity in today's era of globalization is ensuring harmony and mutual respect in the face of cultural, religious, and national diversity. The increasing complexity of social relations and the intensification of contradictions between social groups and individuals require the deep integration of tolerance into every sphere of life, particularly in the field of social work. A social worker is a professional who directly communicates with people and helps them solve their problems. For this reason, the formation of a tolerant mindset in future social work specialists is an integral part of their professional training. The purpose of this article is to highlight the theoretical foundations of the formation of a tolerant mindset in future social work specialists, to present effective methods of its development, and to reveal its significance in professional activities.



## LITERATURE REVIEW

The concept of tolerance and its theoretical and methodological foundations. The concept of tolerance has long been studied as one of the fundamental categories within philosophy, ethics, and the social sciences. Philosophical interpretations of tolerance. Ancient Greek and Roman thinkers interpreted tolerance in relation to the concepts of humanity and justice. Eastern thinkers such as Al-Farabi and Ibn Sina also regarded reconciliation and tolerance among people as a guarantee of social stability [1; 25]. By the late 20th century, UNESCO had defined tolerance as “a principle of activity based on respect for human rights, freedom, and diversity.” In psychology, tolerance is also studied as an individual’s ability to behave constructively in conflict situations, demonstrate empathy, and reach compromises.

## RESEARCH METHODOLOGY

There are three main approaches to the study of tolerance:

- Pedagogical approach – the formation of tolerance within the educational process.
- Psychological approach – the development of tolerance through personality traits and emotional stability.
- Social approach – the consideration of tolerance as a tool for ensuring stability in social relations.

Social work is a complex professional field that requires engagement with representatives of diverse social strata, nationalities, religions, and cultures. Tolerance as part of professional competence. The core professional skills of a social worker include effective communication, empathy, conflict resolution, and tolerance. In addition, social workers must consistently demonstrate respect for human rights in their practice [2; 42].

## ANALYSIS AND RESULTS

In European countries, tolerance is taught as a special module in the social work education process. In the USA, “Intercultural Communication” is included as a mandatory subject in bachelor’s programs in social work. Although the field of social work in Uzbekistan is still developing, the values of tolerance are deeply rooted in national traditions. The state programs “Year of Tolerance” and the policy of developing interethnic friendship clearly confirm this. Society includes people with disabilities, migrants, low-income families, and other social groups. Intolerance, discrimination, and indifference in working with them can lead to major social problems. The level of tolerance among students also affects their psychological stability: a tolerant person perceives stress more easily and resolves conflicts constructively. Students studying in higher education institutions in the field of social work will work with many different categories of people in the future. Therefore, the formation of tolerance in the educational process ensures their professional maturity [3; 29]. In the process of forming tolerance in future social work specialists, along with theoretical knowledge, the use of practical methods and technologies is of particular importance. This process should be aimed not only at imparting knowledge, but also at developing personal qualities, fostering empathy, compromise, and tolerance in everyday activities.

Role play exercises help students test themselves in various conflict situations and consider problems from different perspectives; debates and discussions enable them to justify their opinions and approach others with respect; case studies develop tolerance by analyzing problems based on real-life situations. Psychological training improves empathy, listening culture, positive communication, and conflict resolution skills, while intercultural dialogue seminars provide experience in communicating with representatives of different nationalities, religions, and social strata. Volunteering helps students develop practical tolerance and human qualities through working with various needy groups, and practical processes teach them to apply tolerance in real-life conditions while working in social institutions. Online courses and webinars allow students to study global experience and exchange knowledge with peers from other countries, while virtual communication platforms expand international cooperation and serve as important tools for building intercultural tolerance [4; 18]. Project-based learning enables students to develop social projects on tolerance and test them in practice, while service learning increases the effectiveness of building tolerance by combining the educational process with social practice. On this basis, methods and technologies for developing tolerance yield high results when formed not only through theoretical knowledge, but also through real-life experiences. The results of developing a tolerant mindset can be determined by the following indicators: the level of respect and tolerance in students’ communication, a constructive approach to conflict situations, respect for human rights in practical activities, and active participation in social projects. To assess effectiveness, psychological tests, observation, interviews, and analysis of practical activities are used [5; 20].

Proposals:

- incorporate a special “Fundamentals of Tolerance” module into social work education programs;
- establish regular psychological training and intercultural dialogue sessions for students;
- expand volunteer activities and involve students in direct work with various social groups;
- organize joint projects to develop tolerance based on international experience <sup>[6: 21]</sup>.

Thus, a tolerant mindset will be formed as one of the most important professional qualities of a social work specialist and will serve as a decisive factor in their effective work.

## CONCLUSION

The formation of a tolerant mindset in future social work specialists is an important component of their professional training. A high level of tolerance development ensures stability in social relations, protects human rights, and strengthens solidarity between social groups. The theoretical foundations and methodological approaches presented in the article show that tolerance is manifested not merely as a personal quality, but as a decisive factor in the professional competence of a social work specialist. Therefore, it is necessary to introduce the “Fundamentals of Tolerance” module in higher educational institutions, organize training and practical classes for students, and expand volunteer activities.

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- 13.00.00 Pedagogika fanlari
  - 13.00.01 Pedagogika nazariyasi. Pedagogik ta'limotlar tarixi
  - 13.00.02 Ta'lim va tarbiya nazariyasi va metodikasi (sohalar bo'yicha)
  - 13.00.03 Maxsus pedagogika
  - 13.00.04 Jismoniy tarbiya va sport mashg'ulotlari nazariyasi va metodikasi
  - 13.00.05 Kasb-hunar ta'limi nazariyasi va metodikasi
  - 13.00.06 Elektron ta'lim nazariyasi va metodikasi (ta'lim sohaları va bosqichlari bo'yicha)
  - 13.00.07 Ta'limda menejment
  - 13.00.08 Maktabgacha ta'lim va tarbiya nazariyasi va metodikasi
  - 13.00.09 Ijtimoiy pedagogika
  - 07.00.00 Tarix fanlari
  - 19.00.00 Psixologiya fanlari
  - 01.00.00 Fizika-matematika fanlari
  - 02.00.00 Kimyo fanlari
  - 03.00.00 Biologiya fanlari
  - 09.00.00 Falsafa fanlari
  - 10.00.00 Filologiya fanlari
  - 11.00.00 Geografiya fanlari



# MAKTABGACHA VA MAKTAB TA'LIMI

**Mas'ul muharrir:** Ramzidin Ashurov

**Ingliz tili muharriri:** Murod Xoliyorov

**Musahhih:** Alibek Zokirov

**Sahifalovchi va dizayner:** Iskandar Islomov

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"Maktabgacha va maktab ta'limi" jurnali 26.09.2023-yildan O'zbekiston Respublikasi Prezidenti Adminstratsiyasi huzuridagi Axborot va ommaviy kommunikatsiyalar agentligi tomonidan №C-5669363 reyestr raqami tartibi bo'yicha ro'yxatdan o'tkazilgan.  
**Litsenziya raqami: № 136361.**

**Manzirimiz:** Toshkent shahar, Yunusobod tumani  
19-mavze, 17-uy.