



ISSN: 3060-4613



MAKTABGACHA  
VA MAKTAB  
TA'LIMI VAZIRLIGI



№10  
2025

- 13.00.00 Pedagogika fanlari
- 13.00.01 Pedagogika nazariyasi. Pedagogik ta'limotlar tarixi
- 13.00.02 Ta'lim va tarbiya nazariyasi va metodikasi (sohalar bo'yicha)
- 13.00.03 Maxsus pedagogika
- 13.00.04 Jismoniy tarbiya va sport mashg'ulotlari nazariyasi va metodikasi
- 13.00.05 Kasb-hunar ta'limi nazariyasi va metodikasi
- 13.00.06 Elektron ta'lim nazariyasi va metodikasi (ta'lim sohaları va bosqichlari bo'yicha)
- 13.00.07 Ta'limda menejment
- 13.00.08 Maktabgacha ta'lim va tarbiya nazariyasi va metodikasi
- 13.00.09 Ijtimoiy pedagogika
- 07.00.00 Tarix fanlari
- 19.00.00 Psixologiya fanlari
- 01.00.00 Fizika-matematika fanlari
- 02.00.00 Kimyo fanlari
- 03.00.00 Biologiya fanlari
- 09.00.00 Falsafa fanlari
- 10.00.00 Filologiya fanlari
- 11.00.00 Geografiya fanlari

# M

# AKTABGACHA VA AKTAB TA'LIMI

Pedagogika, psixologiya fanlariga ixtisoslashgan ilmiy jurnal



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Elektron nashr. 1658 sahifa,  
3-oktyabr, 2025-yil.

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Pedagogika fanlari bo‘yicha: OAK Kengashi tavsiyasi (26.08.2024-y., №11-05-4381/01) asosida:

- Ekspert kengashi (29.10.2024-y., №10)
- Rayosat qarori (31.10.2024-y., №363/5)

Psixologiya fanlari bo‘yicha: Toshkent davlat pedagogika universiteti murojaatiga asosan OAK tavsiyasi (24.04.2025-y., №11-05-2566/01):

- Ekspert kengashi (25.05.2025-y., №10)
- Rayosat qarori (08.05.2025-y., №370/5)

“Maktabgacha va maktab ta’limi”  
jurnali

26.09.2023-yildan

O‘zbekiston Respublikasi Prezidenti  
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reyestr raqami tartibi bo‘yicha  
ro‘yxatdan o‘tkazilgan.

Litsenziya raqami: **№136361**

# MUNDARIJA

|                                                                                                                                                                       |     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| The Use of Innovative Pedagogical Technologies in the Development of Critical Thinking .....                                                                          | 16  |
| <i>Gulnar Atakhanova Orinbaevna</i>                                                                                                                                   |     |
| Current Aspects of Designing and Implementing Extracurricular Educational Activities at the Primary General Education Level.....                                      | 20  |
| <i>Amankosova Dinara Gabitovna</i>                                                                                                                                    |     |
| Maktabgacha ta'lim tizimida tarbiyachi shaxsiyati va kasbiy mahorati shakllanishining nazariy asoslari....                                                            | 24  |
| <i>Axmadaliyeva Moxlaroy To'xtapolatovna</i>                                                                                                                          |     |
| Pedagogical Model and Stages of Teaching Subjects Through a Project-Based Approach .....                                                                              | 28  |
| <i>Bannayev Qosimjon</i>                                                                                                                                              |     |
| Lotin tili va zamonaviy tibbiy terminologiya: tarixi, vazifasi va amaliy ahamiyati .....                                                                              | 31  |
| <i>Eshmurodova Shirin Oybekovna</i>                                                                                                                                   |     |
| Motor alaliyaning nonutqiy simptomatikasi .....                                                                                                                       | 34  |
| <i>Isayeva Mushtariy Alisher qizi</i>                                                                                                                                 |     |
| Talabalar etnomadaniy kompetentligini rivojlantirishning pedagogik-psixologik omillari .....                                                                          | 38  |
| <i>Isomiddinov Asliddin Baxriddin o'g'li</i>                                                                                                                          |     |
| Texnologiya darslarida o'quvchilarning texnik savodxonligini robototexnika elementlari asosida rivojlantirish.....                                                    | 41  |
| <i>Jabborova Umida</i>                                                                                                                                                |     |
| Fizika fanini mutaxassislik fanlari integratsiyasi asosida o'qitishda bo'lajak muhandislarning kasbiy kompetentligini rivojlantirishning ilmiy-nazariy asoslari ..... | 45  |
| <i>Xayrullayev Asliddin Isatullayevich</i>                                                                                                                            |     |
| Talaba tomonidan mutaxassislik tilini o'zlashtirishda monologik nutqni o'rgatishning samarali usullari masalasi haqida.....                                           | 51  |
| <i>Karimov N. M.</i>                                                                                                                                                  |     |
| Zamonaviy pedagog kadrlar tayyorlashda kasbiy motiv va motivatsiyaning o'rni .....                                                                                    | 54  |
| <i>Melikova Einora Shuxratovna</i>                                                                                                                                    |     |
| Bo'lajak ingliz tili o'qituvchilarini tayyorlashda pragmatik kompetensiyaning roli.....                                                                               | 58  |
| <i>Mustafayeva Nilufar Ulashovna</i>                                                                                                                                  |     |
| O'quvchilarda iqtisodiy tafakkurni rivojlantirishning pedagogik strategiyalari .....                                                                                  | 62  |
| <i>Nishonova Dilafuz</i>                                                                                                                                              |     |
| Computer-Based Formative Assessment: Advantages and Challenges in Teaching English to High School Students .....                                                      | 66  |
| <i>Obidjonova Shokhista Bakhtiyorovna</i>                                                                                                                             |     |
| Metata'lim texnologiyalari asosida bo'lajak maktabgacha ta'lim mutaxassislarini tayyorlash tizimini takomillashtirish.....                                            | 70  |
| <i>O'rolboyeva Durdona Sayfiddin qizi</i>                                                                                                                             |     |
| Sun'iy intellekt asosidagi darslarning an'anaviy darslarga nisbatan samaradorligini qiyosiy tahlil qilish.....                                                        | 73  |
| <i>Rasulev Bobirjan Atxamovich</i>                                                                                                                                    |     |
| Pedagogik faoliyatda pedagogning kasbiy taraqqiyoti motivatsiyasining psixologik xususiyatlari .....                                                                  | 78  |
| <i>Rustamova Surayyo Shaxobiddinovna</i>                                                                                                                              |     |
| Innovatsion kompetentlik tushunchasi va uning ilmiy-pedagogik asoslari.....                                                                                           | 84  |
| <i>Soliyev Eliyor Ravshan o'g'li</i>                                                                                                                                  |     |
| Nutqida nuqsoni bo'lgan bolalar eshituv idrokini o'yinlar yordamida rivojlantirishning samarali usullari .....                                                        | 88  |
| <i>Xalilova Shahnoza</i>                                                                                                                                              |     |
| Zamonaviy ta'limda kommunikativ kompetensiyaning o'rni va ahamiyati.....                                                                                              | 92  |
| <i>Yaqubova Nigoraxon Ibrohimjon qizi</i>                                                                                                                             |     |
| Soliq yuki – mamlakat soliq soliq tizimining asosiy mezonidir .....                                                                                                   | 97  |
| <i>Suyunov Otabek Shuxrat o'g'li</i>                                                                                                                                  |     |
| Bo'lajak o'qituvchilarda kasbiy kompetensiyalarini rivojlantirish va takomillashtirish yo'llari .....                                                                 | 101 |
| <i>Ibodova Sarvinoz Sayfilloyevna</i>                                                                                                                                 |     |
| Oliy ta'lim muassasalarida hospital pedagogika fanini o'qitishning dolzarb masalalari va uning uslubiy ta'minoti .....                                                | 106 |
| <i>Inogamova Dilfuza Rahmatullaevna</i>                                                                                                                               |     |



|                                                                                                                                                      |     |
|------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| Chizma geometriya va kompyuter grafikasi: an'anaviy fan va zamonaviy texnologiyaning uyg'unlashuvi .                                                 | 111 |
| Raximov A. M., Tairova N. S., Sabirova D. U., Xasanova S. T., Tashpulatov R. X.                                                                      |     |
| Геймификация в обучении английскому языку на начальном этапе обучения .....                                                                          | 114 |
| Курбанова Назира Низомиддиновна                                                                                                                      |     |
| Talabalarda tanqidiy va evristik fikrlashni shakllantirishda raqamli texnologiyalarning o'rni .....                                                  | 117 |
| Adjiev Nayrullo Nazrulloevich                                                                                                                        |     |
| Konstruktiv yondashuv asosida tabiiy fanlar (science)ni o'qitish metodikasi.....                                                                     | 122 |
| Amirullayeva Barno Abdulhaqovna                                                                                                                      |     |
| Kimyo o'qitishda o'quvchilarning ijodiy faoliyatini shakllantirishning tajriba-sinov natijalari.....                                                 | 126 |
| Artiqov Maqsud Bahodirovich, Babanazarova Ayzada Omirbaevna                                                                                          |     |
| Kichik maktab yoshidagi o'quvchilarni bilingvist sifatida shakllantirishda<br>til o'rganish ko'nikmalari va kompetentsiyalarining rivojlanishi ..... | 131 |
| Axmadjonova Gulira'no Muxtorjon qizi                                                                                                                 |     |
| Talabalarning ijtimoiy kompetensiyalarini shakllantirishda kooperativ ta'limning metodik yondashuvlari.....                                          | 135 |
| Botiraliyeva Gulobar Mahamadismoil qizi                                                                                                              |     |
| Talabalarni intellektual faoliyatga tayyorlashda ijtimoiy sherikchilikning pedagogik va metodik asoslari .....                                       | 139 |
| Dilbarjonov Avazbek Ravshanbek o'g'li                                                                                                                |     |
| Teacher-Centered and Child-Centered Methods in Early Childhood Education:<br>Insights From Finland and Uzbekistan .....                              | 143 |
| Djaparova Gulnoza                                                                                                                                    |     |
| Maktabgacha ta'lim tashkilotlarida "Metodik mahorat kuni" va "Metodik mahorat soati"ni tashkil etish .....                                           | 150 |
| Do'stov Davron Zulhaydarovich                                                                                                                        |     |
| Theoretical, Methodological, and Practical Factors of Differentiated Education .....                                                                 | 155 |
| Ergash Shonazarovich Khasanov                                                                                                                        |     |
| Maktabgacha yoshdagi bolalarning intellektual qobiliyatini rivojlantirishda kognitiv yondoshuv .....                                                 | 160 |
| Gulbahor Xamidova                                                                                                                                    |     |
| Mustaqil ta'lim – mustahkam bilim.....                                                                                                               | 164 |
| Halima Shukurova Sunatullayevna                                                                                                                      |     |
| Integrating Google Classroom and Project-Based Learning for<br>Enhanced Synchronous and Asynchronous Education.....                                  | 168 |
| Inomkhojaeva Shodiyakhon Abdukodirkhoja qizi                                                                                                         |     |
| O'quvchilarning innovatsion fikrlash ko'nikmalarini takomillashtirishning nazariy asoslari.....                                                      | 174 |
| Mamadaliyev Axadjon G'aniboyevich                                                                                                                    |     |
| Hududiy rivojlanishda innovatsion yondashuvlarni strategik boshqaruvga integratsiya qilish yo'llari.....                                             | 177 |
| Mo'minov Fazliddin Xusniddin o'g'li                                                                                                                  |     |
| O'rta yoshdagi ayollarda harakat faoliyatini rivojlantirishda milliy o'yinlarning pedagogik ahamiyati .....                                          | 184 |
| Mustafoev Sherali                                                                                                                                    |     |
| Pedagogical and Psychological Foundations of Developing Higher-Order Thinking Skills in Students.....                                                | 188 |
| Nasimova Zarina Isomiddin kizi                                                                                                                       |     |
| Pedagogik ijodkorlikning kasbiy professionallikda namoyon bo'lish xususiyatlari.....                                                                 | 193 |
| Numonova Dildor Umurzoqovna                                                                                                                          |     |
| Ko'zi oqiz boshlang'ich sinf o'quvchilarining kommunikativ kompetentsiyasini<br>o'rganishning nazariy asoslari .....                                 | 196 |
| Qarshiboyev Asliddin                                                                                                                                 |     |
| Maktabgacha ta'lim tashkilotlarida ta'lim-tarbiya jarayonini tashkil etish masalalari.....                                                           | 200 |
| Qilichova Marxabo Xudayqulovna                                                                                                                       |     |
| The Transformation of Existential Thought in British Literature: Iris Murdoch's Philosophical<br>Humanism and the Reinterpretation of Freedom .....  | 204 |
| Rahmonqulova Zarnigor Nasimjon qizi                                                                                                                  |     |
| Sportchilarning elektron platformalardan foydalanishning metodik tahlili .....                                                                       | 209 |
| Saydullayev Zafar Erkinovich                                                                                                                         |     |
| Adabiy ta'limda estetik tarbiya .....                                                                                                                | 216 |
| Sharipov Elmurod Sa'dulla o'g'li                                                                                                                     |     |
| O'qituvchi-trenerning ko'p qirrali kasbiy-pedagogik funksiyalari .....                                                                               | 220 |
| Sulaymonov Jaxongir Solijonovich                                                                                                                     |     |
| Uzluksiz kasbiy rivojlanishda art-pedagogikaning o'qituvchilar hissiy farovonligiga ta'siri .....                                                    | 223 |
| Suvanova Kamola Raimqul qizi                                                                                                                         |     |

|                                                                                                                                                                                                                 |     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| Raqamlashtirish muhitida umumta'lim maktablarida ta'lim sifatini oshirish .....                                                                                                                                 | 226 |
| <i>Xamidova Komila Maxmudovna</i>                                                                                                                                                                               |     |
| Oliy ta'limda kvest texnologiyasi yordamida fizika fanining murakkab tushunchalarini o'zlashtirish samaradorligini oshirish metodikasi.....                                                                     | 231 |
| <i>Yo'ichiyev Shaxriyor Xusanovich, O'rinboyeva Kumushoy Sultonbek qizi</i>                                                                                                                                     |     |
| Совершенствование профессиональных компетенций будущих инженеров на основе интегративного подхода .....                                                                                                         | 235 |
| <i>Умарова Гулчехра Абитовна</i>                                                                                                                                                                                |     |
| Kichik maktab yoshidagi o'quvchilarning aqliy qobiliyatining psixologik xususiyatlari .....                                                                                                                     | 238 |
| <i>Alanazarova Sholpan Artikbaevna, Artiqbaeva Miyassar Jumanazarovna</i>                                                                                                                                       |     |
| Biologiya ta'limida innovatsion metodlarni joriy etishda ta'lim menejmentining roli .....                                                                                                                       | 241 |
| <i>Allayorova Maloxat Normaxmat qizi</i>                                                                                                                                                                        |     |
| Integrating Innovative Technologies for the Enhancement of Speech and Communication Skills Among Learners With Intellectual Disabilities in Uzbekistan: Pedagogical Approaches and Developmental Outcomes ..... | 244 |
| <i>Donisheva Gulruy Akhrorkulovna</i>                                                                                                                                                                           |     |
| Bo'lajak boshlang'ich sinf o'qituvchilarini o'quvchilar o'qish savodxonligini rivojlantirishga metodik jihatdan tayyorlash .....                                                                                | 247 |
| <i>Doniyarov Mavlonbek Arabovich</i>                                                                                                                                                                            |     |
| Kimyoviy birikmalarda bog'lar sonini hisoblashning yangi matematik usullari .....                                                                                                                               | 252 |
| <i>Ergashev Vahob Ergashevich</i>                                                                                                                                                                               |     |
| Boshlang'ich sinf o'qituvchilarining mantiqiy tafakkurini rivojlantirish pedagogik muammo sifatida .....                                                                                                        | 257 |
| <i>G'aniyeva Maftuna Abduaziz qizi</i>                                                                                                                                                                          |     |
| Pedagogika oliy o'quv yurtlarida steam fanlarini raqamli texnologiyalar asosida o'qitishning metodik asoslari .....                                                                                             | 261 |
| <i>Jamolova Sitara Muzaffar qizi</i>                                                                                                                                                                            |     |
| Boshlang'ich sinf o'quvchilarining matematik tafakkurini rivojlantirishda didaktik o'yinlar va interaktiv metodlardan foydalanish samaradorligi .....                                                           | 264 |
| <i>Mamadiyrov Jamol</i>                                                                                                                                                                                         |     |
| Zamonaviy ta'lim jarayonida talabalar mustaqil faoliyatini rivojlantirishda pedagogik yondashuvlar .....                                                                                                        | 268 |
| <i>Mamayusupova Nafisa Abdulatifovna</i>                                                                                                                                                                        |     |
| Para yengil atletikachilarda nayza uloqtirish texnikasini takomillashtirish uslubiyati .....                                                                                                                    | 271 |
| <i>Qiyomova Shohsanam Yarash qizi</i>                                                                                                                                                                           |     |
| Difficulties in Enhancing Communicativeness of Pre-Service English Teachers .....                                                                                                                               | 275 |
| <i>Kurbonova Maftuna Fakhriddinovna, Mirzayeva Gulshan Azamatovna</i>                                                                                                                                           |     |
| Principles of Teaching Basic Foreign Language Skills (EFL) .....                                                                                                                                                | 278 |
| <i>Samandarova Gulsara Ismatilloevna</i>                                                                                                                                                                        |     |
| O'quvchilarning innovatsion ta'lim muhitida tayanch kompetensiyalarini shakllantirishning dolzarbligi .....                                                                                                     | 282 |
| <i>Toshpulatova Farida Radjabovna</i>                                                                                                                                                                           |     |
| Корпоративная культура педагогов и внутренняя стабильность ДОО .....                                                                                                                                            | 286 |
| <i>Буранова Шохноза Абдуразаковна</i>                                                                                                                                                                           |     |
| Развивать личностные качества учащихся на уроках географии .....                                                                                                                                                | 290 |
| <i>Шадиева Нигора Шариповна</i>                                                                                                                                                                                 |     |
| Raqamli texnologiyalar yordamida oliy ta'lim sifatini oshirishda innovatsion yondashuvlar .....                                                                                                                 | 295 |
| <i>Baytileuova Gulnaz Quralbay qizi</i>                                                                                                                                                                         |     |
| Yangi avlod pedagoglarini tayyorlash: kompetensiyalar va qadriyatlarining roli .....                                                                                                                            | 298 |
| <i>Ro'ziboyeva Ma'mura Abdunabiyevna</i>                                                                                                                                                                        |     |
| Astronomiya fanini o'qitishda integrativ yondashuvdan foydalanib o'qitishning ta'lim tizimidagi o'rni .....                                                                                                     | 301 |
| <i>Barakayeva Sarvinoz To'liqunovna</i>                                                                                                                                                                         |     |
| Alohida e'tiborga muhtoj bolalar bilan ishlashda yangi pedagogik texnologiyalarni qo'llash .....                                                                                                                | 305 |
| <i>Usmonov Salohiddin Dushan o'g'li, Namozova Sevinch Asqar qizi</i>                                                                                                                                            |     |
| Ma'naviy-axloqiy sifatlarni tarbiyalashda pedagogik qadriyatlarining ustuvorligi .....                                                                                                                          | 310 |
| <i>Jumayeva Gulnara Tursunpulatovna</i>                                                                                                                                                                         |     |
| Talabalarni maktabgacha ta'lim tashkilotlarini maqsadli boshqarishga tayyorlashning nazariy asoslari .....                                                                                                      | 314 |
| <i>Mahmudova Zulfiya Xomitovna</i>                                                                                                                                                                              |     |
| Pedagogical Methodology Improve Students' Professional Mobility in Acquisition of Specialty .....                                                                                                               | 319 |
| <i>Khidirova Muhabbat Murodillayevna</i>                                                                                                                                                                        |     |



|                                                                                                                                                         |     |
|---------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| Boshlang'ich sinf ona tili darslarida pedagogik texnologiyalardan foydalanish .....                                                                     | 322 |
| <i>Ismoilova Surmaxon Amonovna, Yusupova Mohinur</i>                                                                                                    |     |
| Qoraqalpoqlarning dehqonchilik marosimlari .....                                                                                                        | 326 |
| <i>Orinboyeva Go'zal Polatovna</i>                                                                                                                      |     |
| The Complexity of Training Teaching Staff for Work in Public Schools Organized in Medical Stations in Uzbekistan.....                                   | 330 |
| <i>Inogamova Dilfuza Rakhmatullaevna</i>                                                                                                                |     |
| Boshlang'ich ta'lim texnologiya fanini o'qitishda STEM yondashuvi orqali o'quvchilarda mustaqil va tanqidiy fikrlash ko'nikmalarini rivojlantirish..... | 335 |
| <i>Jabbarova Zuhra Omondullayevna</i>                                                                                                                   |     |
| Eshitishda nuqsoni mavjud bolalarni nutqini shakllantirish metodikasi .....                                                                             | 338 |
| <i>Z. N. Mamarajabova</i>                                                                                                                               |     |
| 5–7-sinf qizlarida raqamli texnologiyalar ta'sirida tarbiya jarayonining o'ziga xosliklari.....                                                         | 341 |
| <i>Abdurazzoqova Marg'uba Muxammad qizi</i>                                                                                                             |     |
| Maktabgacha yoshdagi bolalarda emotsional intellektni rivojlantirish diagnostikasi: metodlar va natijalar ..                                            | 345 |
| <i>Abduxamidova Dilorom Abdumuminovna</i>                                                                                                               |     |
| PISA topshiriqlari asosida o'quvchilarda tadqiqotchilik ko'nikmalarini shakllantirish .....                                                             | 349 |
| <i>Axunjanova Shirmonoy Isroiljonovna</i>                                                                                                               |     |
| Bo'lajak surdotarjimonlar uchun faoliyat turlarini tanlashda ko'maklashish .....                                                                        | 354 |
| <i>Dehqanova Muborakxon G'iyosiddinovna</i>                                                                                                             |     |
| Mustaqil ta'limni tashkillashtirishda tarjimadan foydalanish jarayonlari .....                                                                          | 357 |
| <i>Erkayev Elmirza Temirovich</i>                                                                                                                       |     |
| Bo'lajak boshlang'ich sinf o'qituvchilarining kasbiy faoliyat samaradorligini oshirishda kreativ va tanqidiy fikrlash kompetensiyalarining o'rni.....   | 361 |
| <i>Jumayeva Muxlisa Shokir qizi</i>                                                                                                                     |     |
| Tasks, Exercises, and Activities in the English Classroom: Differences, Similarities, and Effective Use .....                                           | 366 |
| <i>Qodirov Olim Odilovich</i>                                                                                                                           |     |
| Maktabgacha yoshdagi bolalarda kommunikativ kompetentlikni rivojlantirish masalalari .....                                                              | 372 |
| <i>Safarova Mohichehra Xonzafarovna</i>                                                                                                                 |     |
| Malaka oshirish tizimida boshlang'ich sinf o'qituvchilarini tabiiy-ilmiy savodxonligini rivojlantirish masalalari.....                                  | 376 |
| <i>Saidova Dilnoza Maripovna</i>                                                                                                                        |     |
| O'zbekiston va Yaponiya dzyudo trenerlarining mashg'ulot jarayonlarini qiyosiy tahlili.....                                                             | 380 |
| <i>Sharipov Xabibullo Abduqahhorovich</i>                                                                                                               |     |
| "Kompyuter lingvistikasi"ning rivojlanish tendensiyasi.....                                                                                             | 386 |
| <i>Xusanboyeva Muxlisa Ikrojon qizi</i>                                                                                                                 |     |
| Педагогические технологии стратегического развития взаимного сотрудничества организаций дошкольного образования и родителей.....                        | 392 |
| <i>Тухлиев Муслимбек Шерзод угли</i>                                                                                                                    |     |
| Oliy ta'limda inklyuziv ta'lim tizimini joriy etish muammolari .....                                                                                    | 397 |
| <i>Dilbar Nurkeldiyeva</i>                                                                                                                              |     |
| Ixtisoslashtirilgan ta'lim muasasalarida tarbiyaning o'rni.....                                                                                         | 401 |
| <i>Laylo Sharopovna Nurmuxamedova</i>                                                                                                                   |     |
| Intellektida kamchiligi bo'lgan bolalarning ijtimoiylashuvida muloqotning shakllanish xususiyatlari .....                                               | 405 |
| <i>Shahnoza Amirsaidova</i>                                                                                                                             |     |
| Aqli zaif bolalarga ta'lim jarayonida o'yin faoliyatini shakllantirishning ahamiyati.....                                                               | 409 |
| <i>Ziyodullayeva E'zoza Ne'matjonovna</i>                                                                                                               |     |
| Pedagogik texnologiyalar metodlarini tanlash va qo'llashning umumiy mezonlari .....                                                                     | 412 |
| <i>Abdullayeva Komila Tursunovna</i>                                                                                                                    |     |
| Didaktik o'yinlar vositasida 2-sinf o'quvchilarida bog'lanishli nutq ko'nikmalarini shakllantirishning pedagogik imkoniyatlari .....                    | 416 |
| <i>Askarova Gulayim Arislan qizi</i>                                                                                                                    |     |
| Yugurib kelib uzunlikka sakrovchilarda tezkorlikni samarali va jadal rivojlantirishni ilmiy asoslash.....                                               | 420 |
| <i>Avazov Shukrullo Ibatovich, Nuraliyeva O'g'iloy Shomurotovna, Mustafayev Ismoil Nuralio'g'li</i>                                                     |     |
| Boshlang'ich sinflarda kreativ ta'limning o'ziga xos xususiyatlari va zaruriyati.....                                                                   | 425 |
| <i>Axmedova Mastura Jamoliddinovna</i>                                                                                                                  |     |
| Imkoniyati cheklangan o'quvchilarda tabiatshunoslik kompetensiyasini shakllantirishning pedagogik shart-sharoitlari .....                               | 430 |
| <i>Azizova Dilnora</i>                                                                                                                                  |     |

|                                                                                                                                                                                                                             |     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| Bo'lajak shifokorlarda tibbiy – deontologik kompetensiyalarni shakllanishida tibbiy amaliyotning ahamiyati.....                                                                                                             | 435 |
| <b>Babadjanova Gulchexra Baxtiyarovna</b>                                                                                                                                                                                   |     |
| Bolaning aqliy rivojlanishini yoritadigan ko'rsatkichlar .....                                                                                                                                                              | 440 |
| <b>Bozorboyev Javlon Davlatali o'g'li</b>                                                                                                                                                                                   |     |
| Bo'lajak oligofrenopedagoglarning kasbiy-metodik kompetensiyalarini rivojlantirish xususiyatlari.....                                                                                                                       | 445 |
| <b>Daminova Maftuna Asqarali qizi</b>                                                                                                                                                                                       |     |
| Kreativ pedagogika fani va mantiqiy fikrlash kompetentligi orasidagi bog'liqlik.....                                                                                                                                        | 449 |
| <b>Diyora Egamberdiyeva</b>                                                                                                                                                                                                 |     |
| Oilani mustahkamlovchi va ajralishiga olib keluvchi omillar .....                                                                                                                                                           | 454 |
| <b>Haqberdiyev Jamoliddin Abdug'affor o'g'li</b>                                                                                                                                                                            |     |
| Quality Management as a Functional and Attributive Characteristic of Modern Management.....                                                                                                                                 | 458 |
| <b>Jabbarbergenova Bibimaryam Amangeldievna</b>                                                                                                                                                                             |     |
| Bo'lajak boshlang'ich sinf o'qituvchilarining ijodiy faoliyatini rivojlantirishda pedagogik va psixologik jarayonlar .....                                                                                                  | 464 |
| <b>Mamedova Maxfuza Erkinovna</b>                                                                                                                                                                                           |     |
| Huquqiy ong va madaniyatni shakllantirishda yuridik ta'limning roli: tahlil va takliflar .....                                                                                                                              | 470 |
| <b>Mansurova Zilola Akromxonovna</b>                                                                                                                                                                                        |     |
| Pedagogik ta'limda klaster yondashuvi: O'zbekiston va jahon tajribasi .....                                                                                                                                                 | 474 |
| <b>Nafisa Tokhirova Dilshod qizi</b>                                                                                                                                                                                        |     |
| Bo'lajak boshlang'ich sinf o'qituvchilarining kasbiy kompetentligini rivojlantirishning nazariy-pedagogik asoslari: zamonaviy yondashuvlar va innovatsion imkoniyatlarning integratsiyasi asosida shakllanish jarayoni..... | 478 |
| <b>Norqulov Lutfullo Mamarajabovich</b>                                                                                                                                                                                     |     |
| Montessori metodikasi va undagi bolalar sensomotorikasini rivojlantirishga doir tajribalar tahlili .....                                                                                                                    | 484 |
| <b>Parmonova Laylo Ilxomovna</b>                                                                                                                                                                                            |     |
| Molekulyar fizikani modellashtirish orqali o'qitish metodikasini takomillashtirish.....                                                                                                                                     | 488 |
| <b>Q. U. Tog'ayeva</b>                                                                                                                                                                                                      |     |
| Milliy tarbiyada raqamli vositalardan foydalanishning pedagogik imkoniyatlari .....                                                                                                                                         | 493 |
| <b>Qo'shnazarova Nozima Maxmutjon qizi</b>                                                                                                                                                                                  |     |
| Learning Intercultural Communication Through Social Media: the Approach of Modern Students .....                                                                                                                            | 498 |
| <b>Raxmonqulova Feruza Akmal qizi</b>                                                                                                                                                                                       |     |
| Aqliy rivojlanishda muammolari bor maktab o'quvchilarida geometrik tushunchalarni shakllantirishning nazariy asoslar.....                                                                                                   | 502 |
| <b>Shodiyeva Navbaxor Xabibulla qizi</b>                                                                                                                                                                                    |     |
| Logopedning kasbiy faoliyatida deontologiya va kompetentlikning roli va ahamiyati .....                                                                                                                                     | 506 |
| <b>Temurova Gulchexra Xudoyqulovna, Isomitdinova Shaxinabonu Zavqiddin qizi</b>                                                                                                                                             |     |
| STEAM ta'limida lego konstruktorelarning o'rni va ahamiyati.....                                                                                                                                                            | 511 |
| <b>Toshpulatova Farida Radjabovna</b>                                                                                                                                                                                       |     |
| Diagnostikasi va reabilitatsiya qilishda eshitishda nuqsoni bo'lgan bola va ularning ota-onalari bilan bog'liq muammolar.....                                                                                               | 514 |
| <b>Toshpulova Nodira Sultonmurod qizi</b>                                                                                                                                                                                   |     |
| Talabalarni maktabgacha ta'lim tashkiloti va ota-onalar hamkorligi o'rtasidagi o'zaro munosabat shakllari.....                                                                                                              | 518 |
| <b>Turdiqulova Luiza Zayniddinovna</b>                                                                                                                                                                                      |     |
| O'zbekistonda ESG tamoyillarining ta'limga integratsiyasi: yutuqlar, muammolar va istiqbollari .....                                                                                                                        | 522 |
| <b>Tursunova Shahzoda Baxromovna</b>                                                                                                                                                                                        |     |
| Maktabgacha yoshdagi aqli zaif bolalarning fazoviy tasavvurlarini shakllantirish .....                                                                                                                                      | 526 |
| <b>Xamidova Muyassar Polsaidovna</b>                                                                                                                                                                                        |     |
| Mustaqil ta'limni tashkil etishning asosiy didaktik prinsiplari.....                                                                                                                                                        | 530 |
| <b>Yuldashev Shukrullo</b>                                                                                                                                                                                                  |     |
| Комплексная методика развития и обучения юных футболистов .....                                                                                                                                                             | 536 |
| <b>Ортиков Умиджон Худойбердиевич</b>                                                                                                                                                                                       |     |
| Особенности деятельности детей с нарушением зрения .....                                                                                                                                                                    | 544 |
| <b>Юсупова Назира</b>                                                                                                                                                                                                       |     |
| Integration of Music and Language: Creative Approaches to Teaching English to Music Students .....                                                                                                                          | 548 |
| <b>Akbarova Moxichexra</b>                                                                                                                                                                                                  |     |



|                                                                                                                                                                 |     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| Ingliz tilida yozuv malakalarini takomillashtirishda baholash metodikasi.....                                                                                   | 553 |
| Alimardonova Malika Botir qizi                                                                                                                                  |     |
| Yosh kurashchilarni jismoniy va aqliy rivojlantirishda basketbol o'yinining ahamiyati .....                                                                     | 560 |
| Haqnazarov Qurbon Qo'shayevich                                                                                                                                  |     |
| Voleybol murabbiylarining innovatsion fikrlash qobiliyatini shakllantirish usullari .....                                                                       | 566 |
| Haqqulov Akbar Abdiraupovich                                                                                                                                    |     |
| Sociolinguistic Competence and Intercultural Communicative Competence:<br>Intertwining Concepts and Practical Implications .....                                | 571 |
| Kuchmurodova Gulnora Khatamovna                                                                                                                                 |     |
| Ilk qadam davlat dasturida steam ta'lim elementlaridan foydalanish imkoniyati .....                                                                             | 575 |
| Nazarova Aziza Sohib qizi                                                                                                                                       |     |
| Kasbiy rivojlanish jarayonida rahbar shaxsiy sifatlarini rivojlantirishning zamonaviy yo'nalishlari.....                                                        | 579 |
| Roziqova Nazokat Alisher qizi                                                                                                                                   |     |
| Deontologik yondashuvning nazariy-pedagogik asoslari va uning ta'lim tizimidagi ahamiyati .....                                                                 | 583 |
| Tashpulatova Nodira Olimjon qizi                                                                                                                                |     |
| Kasbiy-pedagogik tayyorgarlikda fanlararo integratsiya asosida boshlang'ich<br>ta'lim yo'nalishi o'qituvchilarining metodik salohiyatini oshirish yo'llari..... | 586 |
| Kashimova Aziza Alisherovna                                                                                                                                     |     |
| Природа и механизм действия биологических иммуностимуляторов на организм животных .....                                                                         | 590 |
| Койилова Мехринисо Джураевна                                                                                                                                    |     |
| Badiiy asarlar ustida ishlash jarayonida boshlang'ich sinf o'quvchilarining<br>emotsional intellektini shakllantirish mezonlari .....                           | 594 |
| Jamalova Kamola Shahobiddinovna                                                                                                                                 |     |
| Bo'lajak o'qituvchilarning tanqidiy fikrlashini rivojlantirish asosida fizika o'qitish<br>metodikasini takomillashtirish .....                                  | 600 |
| Musurmonova Shaxnoza Dilshod qizi                                                                                                                               |     |
| Futbolchilarda texnik tayyorgarlikni takomillashtirishning ilmiy-metodik asoslari.....                                                                          | 606 |
| Babayev Anvarjon Axmedovich                                                                                                                                     |     |
| Semantik afaziya va uni bartaraf etish yo'llari .....                                                                                                           | 611 |
| Umida O'tabasarova Mexmanovna, G'anieva Gulrux Tavakkaljon qizi                                                                                                 |     |
| Сравнительный анализ национальных видов борьбы Японии.....                                                                                                      | 616 |
| Даминов Илхом Аширалиевич                                                                                                                                       |     |
| Pedagogik jarayonda kognitiv rivojlanishga ta'sir qiluvchi omillar va<br>bu faoliyatni rivojlantiruvchi interaktiv metodlar va texnologiyalar .....             | 621 |
| Abdiraimova Gulrux Samad qizi                                                                                                                                   |     |
| Aqli zaif kichik maktab yoshidagi bolalarda o'qishni o'zlashtirishga motivatsion tayyorlikni shakllantirish ...                                                 | 625 |
| Abdunazarov Abdumutal Olimovich, Xaitboyeva Kumushxon Farxodjon qizi                                                                                            |     |
| Psixik rivojlanishida kechikishi bo'lgan bolalar nutqini rivojlantirishda<br>neyrokorreksiya mashg'ulotlarning ahamiyati .....                                  | 628 |
| Akramova Xafiza Samadovna, Jumanova Mashhura Shokir qizi                                                                                                        |     |
| Pedagogik amaliyotning bo'lajak o'qituvchilar tayyorlash tizimidagi o'rni .....                                                                                 | 632 |
| Aliyeva Mavjudaxon Baxromjon qizi                                                                                                                               |     |
| O'zbek tili darslarida media matnlardan foydalanish usullari.....                                                                                               | 637 |
| Allakhova Bagdagul Djoldasbayevna                                                                                                                               |     |
| Media axborot vositalarining bolalar va o'smir yoshlarga ta'siri.....                                                                                           | 640 |
| Arobova Shohsanam Akram qizi                                                                                                                                    |     |
| Biologiya ta'limida tizimli-faoliyatli yondashuvning nazariy-metodologik asoslari.....                                                                          | 645 |
| Asrorova Odinaoy Otabek qizi                                                                                                                                    |     |
| Maktabgacha yoshdagi dizartirik bolalarning so'z boyligini rivojlantirish yo'llari .....                                                                        | 650 |
| Azizova Nilyufar Mirziyadovna                                                                                                                                   |     |
| Ijtimoiy pedagog faoliyatida innovatsion yondashuvlar .....                                                                                                     | 656 |
| Bahriddinova Gavhar Oydinova                                                                                                                                    |     |
| Ta'lim tizimida deontologik yondashuvlarning pedagogik imoniyatlari.....                                                                                        | 659 |
| Boboxujayev Johonmirzo Umar o'g'li                                                                                                                              |     |
| Zamonaviy ta'limda imkoniyati cheklangan bolalarga nisbatan inklyuziv yondashuv.....                                                                            | 662 |
| Djurayeva Hurshida                                                                                                                                              |     |
| Libos va aksessuarlar orqali milliy estetik didni shakllantirishning pedagogik mexanizmlari .....                                                               | 666 |
| Doniyorova Shahnoza Erkin qizi                                                                                                                                  |     |

|                                                                                                                                                                      |     |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| Mantiqiy fikrlashni rivojlantiruvchi mashg'ulotlarni tashkil etish bosqichlari mazmuni .....                                                                         | 672 |
| <b>Dosbayeva Shahnoza Abdurahimovna</b>                                                                                                                              |     |
| Maktabgacha ta'lim yoshidagi bolalarga chet tili o'rgatishning pedagogik-psixologik asoslari.....                                                                    | 675 |
| <b>Ergasheva Xilola Yunusxonovna</b>                                                                                                                                 |     |
| Use of Artificial Intelligence in Teaching English as a Foreign Language<br>for Uzbekistan General Schools.....                                                      | 679 |
| <b>Feruza Zokirova Adham qizi</b>                                                                                                                                    |     |
| Efferent motor afaziya va uni bartaraf etish yo'llari.....                                                                                                           | 682 |
| <b>G'anieva Gulrux Tavakkaljon qizi</b>                                                                                                                              |     |
| O'quvchilarda ekologik kompetensiyani shakllantirish:<br>biologiya darslarida global ekologik muammolar tahlili.....                                                 | 686 |
| <b>Ibragimova Sitara Akmal qizi</b>                                                                                                                                  |     |
| Ba'zi 3D-metallarining 2-amino-5-allitio-1,3,4-tiadiazol bilan kompleks birikmalarini o'rganish .....                                                                | 690 |
| <b>Jumaniyazova Gulxumar Karimbayevna</b>                                                                                                                            |     |
| Tizimli bilish kompetentligining mazmuni va uning maktabgacha ta'limdagi o'rni .....                                                                                 | 696 |
| <b>Mirazimova Muxabbat Normatovna</b>                                                                                                                                |     |
| O'qituvchilik mahorati va axloqiy madaniyatning mushtarakligi.....                                                                                                   | 700 |
| <b>Nabiyev Islom Karimovich</b>                                                                                                                                      |     |
| Qarshi shahrida turizm menejerlarining kasbiy malakasini uzluksiz takomillashtirishni ta'minlash .....                                                               | 706 |
| <b>Normurodova Zebo Eshmaxmatovna</b>                                                                                                                                |     |
| Boshlang'ich sinf o'quvchilarida moslashuvchan kompetensiyalarni shakllantirishning metodik asoslari....                                                             | 710 |
| <b>Nuriddinova Diyora Isaqali qizi</b>                                                                                                                               |     |
| Mediasavodxonlik vositasida bo'lajak boshlang'ich sinf o'qituvchilarining<br>tanqidiy fikrlashini rivojlantirishning pedagogik xususiyatlari.....                    | 714 |
| <b>Pardayev Asror Ikromovich</b>                                                                                                                                     |     |
| Boshlang'ich sinf ona tili darslarida kommunikativ kompetensiyalarni shakllantirish metodikasi .....                                                                 | 718 |
| <b>Qayumova Mahfuzaxon Alisher qizi</b>                                                                                                                              |     |
| Yuqori sinf o'quvchilarining ma'naviy kompetentligini jadidlarning pedagogik<br>qarashlari asosida shakllantirish metodikasi (Temurbeklar maktablari misolida) ..... | 724 |
| <b>Quldashev Murodjon G'aniyevich</b>                                                                                                                                |     |
| Bugungi voleybolda to'p uzatish texnikasi va aniqligini 13–14 yoshdan boshlab<br>aylanish harakatlari ta'sirida shakllantirish afzalligi .....                       | 727 |
| <b>Rejapov O'tkirbek G'ayratjon o'g'li</b>                                                                                                                           |     |
| Boshlang'ich sinf o'quvchilariga bolalar o'yin folklorini o'rgatishda tolerantlikni rivojlantirishning<br>metodik usullari va texnologiyalari.....                   | 733 |
| <b>Ro'ziboyeva Madina Salimovna</b>                                                                                                                                  |     |
| Pedagogik muloqot tushunchasi va uning o'ziga xos xususiyatlari .....                                                                                                | 737 |
| <b>Ro'zimatova Maxpuza</b>                                                                                                                                           |     |
| Intellektual qadriyatlarning talaba yoshlar aksiologik hayotiy pozitsiyasini shakllantirishdagi roli .....                                                           | 743 |
| <b>Rustam Latipov Mamadaliyevich</b>                                                                                                                                 |     |
| Bo'lajak tasviriy san'at o'qituvchilarini tayyorlashda AI-platformalarni integratsiyalashning<br>amaliy mexanizmlari .....                                           | 747 |
| <b>Rustamov Kamoliddin Ziyodillo o'g'li</b>                                                                                                                          |     |
| Maktab biologiya ta'limida individuallashtirish texnologiyasidan foydalanish metodikasi.....                                                                         | 754 |
| <b>Savutova Malohat Erkinovna</b>                                                                                                                                    |     |
| Bo'lajak o'qituvchilarning turizm sohasiga bo'lgan munosabatini o'rganishning<br>ijtimoiy-pedagogik metodikasi.....                                                  | 760 |
| <b>Shodiyorov Rustam Xasan o'g'li</b>                                                                                                                                |     |
| Bo'lajak harbiy xizmatchilarda deontologik yondashuvlar asosida raqamli<br>muloqot madaniyatini shakllantirish.....                                                  | 764 |
| <b>Soyibnazarov Baxtiyor Abdunazar o'g'li</b>                                                                                                                        |     |
| Pedagogika oliy o'quv yurtlarida umumiy yer bilimi fanidan amaliy mashg'ulotlar tizimini<br>kasbiy faoliyatga yo'naltirishning dolzarb masalalari.....               | 770 |
| <b>Sultanova N. B.</b>                                                                                                                                               |     |
| Ijtimoiy reabilitatsiyani amalga oshirishda tibbiy-psixokorreksion maslahat ishlar mazmuni.....                                                                      | 775 |
| <b>Suvanqulova Shaxnoza Karimqulovna</b>                                                                                                                             |     |
| Blokcheyn texnologiyasining ta'lim jarayonida qo'llanilishi va imkoniyatlari .....                                                                                   | 780 |
| <b>Suyumov Jo'rabek Yunusaliyevich</b>                                                                                                                               |     |



|                                                                                                                                                                                                           |     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| Oila va xotin-qizlar tizimida kollaborativ madaniyatning o'ziga xos xususiyatlari .....                                                                                                                   | 783 |
| <i>Tojibayeva Nazokatxon</i>                                                                                                                                                                              |     |
| Boshlang'ich sinf o'quvchilarining tafakkurini rivojlantirishda interfaol metodlarning o'ri .....                                                                                                         | 787 |
| <i>To'xtasinova Nigoraxon Azizxon qizi</i>                                                                                                                                                                |     |
| Oliy o'quv yurtlarida analitik kimyo fanini o'qitishning samaradorlik ko'rsatkichlari .....                                                                                                               | 793 |
| <i>Umrbekova Maftuna Ulug'bek qizi</i>                                                                                                                                                                    |     |
| Antroposentrik yondashuv asosida o'quvchilarda insonparvarlik fazilatlarini shakllantirish yo'llari .....                                                                                                 | 796 |
| <i>Xamidova Nigora Ibrohimovna</i>                                                                                                                                                                        |     |
| Обучение говорению на русском языке абитуриентов с помощью настольных игр .....                                                                                                                           | 800 |
| <i>Абдулахадова Шохид</i>                                                                                                                                                                                 |     |
| Особенности педагогической деятельности и их виды .....                                                                                                                                                   | 803 |
| <i>Мавжудова Ш. С., Мирходжаева Д.</i>                                                                                                                                                                    |     |
| Развитие критического мышления младших школьников на уроках читательской грамотности .....                                                                                                                | 808 |
| <i>Мухаммадиева Марифат Мурод кизи</i>                                                                                                                                                                    |     |
| Искусство подбора слов: стилистические и семантические возможности перифраз .....                                                                                                                         | 811 |
| <i>Юлдашева Дилноза Бекмуродовна</i>                                                                                                                                                                      |     |
| Zamonaviy pedagogik texnologiyalar asosida talabalarda refleksiv tafakkurni rivojlantirishning vazifalari va pedagogik imkoniyatlari .....                                                                | 815 |
| <i>Abdullayeva Ziroatxon Qurbonovna</i>                                                                                                                                                                   |     |
| The Human Factor in AI-Mediated English Instruction: Balancing Technology and Pedagogical Expertise .....                                                                                                 | 818 |
| <i>Ikramova Aziza Aminovna</i>                                                                                                                                                                            |     |
| Madaniyat tushunchasi va uni xorijiy til o'qitishda o'rganish zarurati .....                                                                                                                              | 823 |
| <i>Ma'murova Farangiz Ne'matovna</i>                                                                                                                                                                      |     |
| O'quvchilarda tanqidiy tafakkurni shakllantirish: zamonaviy pedagogik yondashuvlar va ularning samaradorligi .....                                                                                        | 827 |
| <i>Ostonova Ma'mura Ulug'bek qizi</i>                                                                                                                                                                     |     |
| Ko'zi ojiz boshlang'ich sinf o'quvchilarining kommunikativ kompetentsiyasini o'rganishning nazariy asoslari .....                                                                                         | 830 |
| <i>Qarshiboyev Asliddin</i>                                                                                                                                                                               |     |
| Farzand tarbiyasida ota-onaning pedagogik-psixologik malakalari .....                                                                                                                                     | 834 |
| <i>Xojimirzayeva Shaxnoza Shokir qizi</i>                                                                                                                                                                 |     |
| Darsdan tashqari mashg'ulotlarda o'quvchilarni kasb-hunarga yo'llashning tashkiliy-ilmiy asoslari .....                                                                                                   | 839 |
| <i>Xolmatov Pardaboy Qoraboevich</i>                                                                                                                                                                      |     |
| Методология типологического и сравнительного анализа детского фольклора .....                                                                                                                             | 844 |
| <i>Азмиева Э. Э.</i>                                                                                                                                                                                      |     |
| Maktabgacha ta'lim elementar matematik tushunchalarni rivojlantirish zarurati .....                                                                                                                       | 851 |
| <i>Xoldarova F. M.</i>                                                                                                                                                                                    |     |
| Multimadaniy muhitda pedagoglarning tanqidiy fikrlash ko'nikmalarini shakllantirish mexanizmlari .....                                                                                                    | 854 |
| <i>Gulyamova Nafisa Burikulovna</i>                                                                                                                                                                       |     |
| Maktabgacha yoshdagi bolalarda milliy qadriyat tushunchalarini shakllantirishda oila va mahallaning roli .....                                                                                            | 858 |
| <i>Rizayeva Xusniya Ubayevna</i>                                                                                                                                                                          |     |
| Raqamli pedagogika: zamonaviy ta'limda innovatsion texnologiyalar roli .....                                                                                                                              | 861 |
| <i>Maxmudova Dilnoza Xaytmirzaevna</i>                                                                                                                                                                    |     |
| Badiiy adabiyot – maktabgacha yoshdagi bolalarda estetik dunyoqarashni shakllantiruvchi omil sifatida ...                                                                                                 | 865 |
| <i>Xujamberdiyeva Shahnoza Kupaysinovna</i>                                                                                                                                                               |     |
| Yangi O'zbekistonda inklyuziv ta'lim islohatlar bosqichida .....                                                                                                                                          | 868 |
| <i>Boyqulov Azamat Maxram o'g'li</i>                                                                                                                                                                      |     |
| Maktabgacha ta'lim tashkilotlari direktor o'rinbosarlarining menejerlik ko'nikmalarini rivojlantirishning xorijiy tajribasi va uni mahalliy sharoitda qo'llash imkoniyatlari .....                        | 871 |
| <i>Maxamadaliyeva Ezoza Rustamxo'ja qizi</i>                                                                                                                                                              |     |
| Oliy badiy pedagogik ta'lim muassasasida bo'lajak tasviriy san'at o'qituvchilarini maktab o'quvchilarida illyustrativ rasm ishlashga oid kompetensiyalarini shakllantirishga tayyorlashning mazmuni ..... | 875 |
| <i>Sobirov Sarvar Tursunmurotovich</i>                                                                                                                                                                    |     |
| Kasb-hunar maktablarida fizika fanini steam integratsiyasi asosida o'qitishning nazariy-didaktik asoslari ..                                                                                              | 878 |
| <i>Mamatxunov Yorkin Abduraimjanovich, Soliyeva Mubinabonu Zokirjon qizi</i>                                                                                                                              |     |
| Inklyuziv ta'lim sharoitida olib boriladigan pedagogik faoliyat imkoniyatlari .....                                                                                                                       | 885 |
| <i>Abidova Nilufar Zakirovna</i>                                                                                                                                                                          |     |

|                                                                                                                                                                    |     |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| Maktabgacha ta'lim tashkilotlarida tarbiyalanuvchilarni kasbga yo'naltirish: pedagogik yondashuvlar va amaliy tajribalar.....                                      | 888 |
| <b>Ahmedova Lola Abdivasi qizi</b>                                                                                                                                 |     |
| Aqli zaif o'quvchilarni ijtimoiy-maishiy kompetensiyasini shakllantirishning asosiy komponentlari va samarali omillari.....                                        | 893 |
| <b>Anvarova Dilfuza Akramjanovna</b>                                                                                                                               |     |
| O'quv topshiriqlari orqali 6-sinf o'quvchilarining pragmatik kompetensiyasini rivojlantirishning ilmiy-metodologik asoslari.....                                   | 896 |
| <b>Ashirboyeva Nafisa Aminboyevna</b>                                                                                                                              |     |
| Talabalarda ijtimoiy faollik ko'nikmalarini takomillashtirish va uning amaliy ahamiyati.....                                                                       | 900 |
| <b>Ergasheva Maftunaxon Avazbekovna</b>                                                                                                                            |     |
| Talabalarda zamonaviy pedagogik texnologiyalar asosida reflektiv tafakkurni rivojlantirish .....                                                                   | 904 |
| <b>Ergasheva Nigora Dilshodjon qizi</b>                                                                                                                            |     |
| Maktabgacha katta yoshdagi bolalarni kasbga qiziqishlarini rivojlantirishning pedagogik va psixologik xususiyatlari.....                                           | 907 |
| <b>Isabekova Dilafruz Shermirzayevna, Gazibekova Gulavza Ergashovna</b>                                                                                            |     |
| Innovatsion ta'lim texnologiyalarini qo'llashning nazariy asoslari.....                                                                                            | 913 |
| <b>Murodov Akmal Djayliboyevich</b>                                                                                                                                |     |
| Maktabgacha ta'lim yoshdagi intellektida nuqsoni bo'lgan bolalarning estetik muomala madaniyatini tarbiyalash.....                                                 | 917 |
| <b>Po'latova Parida</b>                                                                                                                                            |     |
| Fizika fanini o'qitishda raqamli ta'lim vositalarining samaradorligi.....                                                                                          | 920 |
| <b>Saparova Gulmira Baxtiyorovna</b>                                                                                                                               |     |
| Rus tilini o'qitishda an'anaviy va audiovizual usullarning qiyosiy tahlili .....                                                                                   | 923 |
| <b>Umarov Aziz Avazovich</b>                                                                                                                                       |     |
| An Analysis of The Importance of Teaching English at the Primary Level.....                                                                                        | 927 |
| <b>Vasila Almetova Sunnatullayevna</b>                                                                                                                             |     |
| Muammoli ta'lim texnologiyalarini ta'lim jarayonida qo'llash.....                                                                                                  | 931 |
| <b>Adizova Nodira Baxtiyorovna</b>                                                                                                                                 |     |
| "Informatika va axborot texnologiyalari" fanidan iqtidorli o'quvchilar bilan ishlashning ilmiy-pedagogik yondashuvlari .....                                       | 936 |
| <b>Akmaljon Xushvaqto'v</b>                                                                                                                                        |     |
| Iqtidorli talabalar bilan ishlash pedagogik muammolari .....                                                                                                       | 939 |
| <b>Delov To'liqin Erkinovich</b>                                                                                                                                   |     |
| Rinolaliya nutq nuqsonining anatomik jihatdan kelib chiqishi .....                                                                                                 | 945 |
| <b>Kabirova Zarnigor Raxmonjon qizi</b>                                                                                                                            |     |
| Methodology for Teaching Modal Verbs in English Lessons .....                                                                                                      | 949 |
| <b>Kholnazarova Vazira Bozor qizi</b>                                                                                                                              |     |
| The Use of Mobile Apps to Build Vocabulary Proficiency .....                                                                                                       | 953 |
| <b>Kosimov Sunnat Ravshan ugli</b>                                                                                                                                 |     |
| Disability Terminology in Uzbek: Etymological Evolution and Future Trends .....                                                                                    | 957 |
| <b>Kuchkarova Xurshida</b>                                                                                                                                         |     |
| Bo'lajak muhandislarni grafik dasturlar yordamida loyihaviy-konstruktorlik kompetentligini rivojlantirish (muhandislik va kompyuter grafikasi fani misolida) ..... | 964 |
| <b>Madaminov Javlonbek Zafarjonovich</b>                                                                                                                           |     |
| Ijodiy tafakkurni rivojlantirishda interaktiv darsliklarning pedagogik imkoniyatlari .....                                                                         | 968 |
| <b>Mirzaakbarov Dilshod Dovlatboyevich</b>                                                                                                                         |     |
| Sog'lom turmush tarzi – jismoniy madaniyati sohibi sifatida jismoniy mashqlar komplekslarini tuzish va bajarishda amal qilinadigan qoidalar .....                  | 971 |
| <b>Musayev Zarifjon Tursunaliyevich</b>                                                                                                                            |     |
| Bo'lajak defektologlarning pedagogik mas'uliyatini oshirish .....                                                                                                  | 974 |
| <b>Nodira Mirboboyeva</b>                                                                                                                                          |     |
| Bo'lajak o'qituvchilarni kreativ yondashuv asosida innovatsion faoliyatga tayyorlash texnologiyasini takomillashtirish modeli .....                                | 977 |
| <b>Odamboyeva Mehribon Norimon qizi</b>                                                                                                                            |     |
| O'quvchini muloqot qilish ko'nikmalarini shakllantirishda kitobxonlikning o'rni.....                                                                               | 981 |
| <b>Qurbanova O'g'iloy Axrorovna</b>                                                                                                                                |     |



|                                                                                                                                                   |      |
|---------------------------------------------------------------------------------------------------------------------------------------------------|------|
| Sharq mutafakkirlari asarlari vositasida boshlang'ich sinf o'quvchilarining ijtimoiy faollik ko'nikmalarini rivojlantirishning afzalliklari ..... | 985  |
| Rejabboyeva Muxarram Odiljon qizi                                                                                                                 |      |
| Pedagogik ta'lim jarayonida raqamli nazorat tizimlaridan foydalanish samaradorligi va rivojlantirish yo'nalishlari .....                          | 989  |
| Samijonov Azizbek Ismoiljon o'g'li                                                                                                                |      |
| Dizatriya nutq kamchiligini bartaraf etishda muassasa, logoped va oilaning hamkorligi .....                                                       | 992  |
| Shermatova Yukut Sabirovna                                                                                                                        |      |
| Kulolchilik va an'anaviy o'yinchoqlarni o'quvchilar kasb tanlash jarayonida qo'llash metodikasi .....                                             | 995  |
| Soliyeva Diyora Bobur qizi                                                                                                                        |      |
| O'zbekistonda inkluziv ta'lim va uning me'yoriy-huquqiy asoslari .....                                                                            | 998  |
| Temirov Nabijon Soliyevich, Esonova Klaraxon Mahmamin qizi                                                                                        |      |
| Oila va xotin-qizlar tizimida kollaborativ madaniyatning o'ziga xos xususiyatlari .....                                                           | 1001 |
| Tojibayeva Nazokatxon                                                                                                                             |      |
| Sun'iy intellekt yordamida talaffuz va tinglab tushunish ko'nikmalarini rivojlantirish metodikasi .....                                           | 1005 |
| Tojiyev Olimjon Haqberdi o'g'li                                                                                                                   |      |
| Boshlang'ich ta'lim tizimi muammo va istiqbollari sotsiologik tadqiqotlar asosida .....                                                           | 1008 |
| Voxidova Muqaddas Rasuljon qizi                                                                                                                   |      |
| Oliy ta'lim talabalarida integrativ yondashuv asosida tanqidiy fikrlash kompetentligini rivojlantirish metodikasi .....                           | 1011 |
| Xalimova Mashraboy Vaxidovna, Botirova Mavluda To'xtasin qizi                                                                                     |      |
| 5–6 yoshli bolalarda ekologik madaniyatni rivojlantirishda o'yinli texnologiyalarini qo'llashning pedagogik shart-sharoitlari .....               | 1015 |
| Xolboyeva Gulnora Ulashovna, Dolliyeva Xayrigul Namoz qizi                                                                                        |      |
| Bo'lajak tarbiyachilarda kasbiy kompetentlikning namoyon bo'lishi psixologik fenomen sifatida .....                                               | 1018 |
| Xoshimova Y. I.                                                                                                                                   |      |
| Inklyuziv ta'lim sharoitida pedagogik va psixologik yondashuvlarning mazmuni .....                                                                | 1023 |
| Xudoyqulova Aziza Anvar qizi                                                                                                                      |      |
| Pedagogik ta'limda mediakompetentlikni shakllantirish jarayonida raqamli resurslardan foydalanish samaradorligi .....                             | 1026 |
| Yuldashov Sherzod Sattorovich                                                                                                                     |      |
| Особенности развития эмоционального интеллекта у дошкольников .....                                                                               | 1029 |
| Жамолова Зарнигор Баходир кизи                                                                                                                    |      |
| Стратегии лингвистического моделирования в обучении русскому языку и их роль в формировании идентичности студентов .....                          | 1033 |
| Рузметова Наргиза Ахмедовна, Рузметова Хилола Абдушориповна                                                                                       |      |
| Bo'lajak boshlang'ich ta'lim o'qituvchilarini matematik mushohada yuritishga o'rgatish .....                                                      | 1038 |
| Dehqonova Mahliyo Shuhrat qizi                                                                                                                    |      |
| Tarbiyachi inklyuziv kompetentligi va zamonaviy ta'limda uning o'rni .....                                                                        | 1041 |
| Haydarova Namuna                                                                                                                                  |      |
| Using Story-Based Role-Play Activities to Enhance Speaking Skills of Primary School Learners .....                                                | 1044 |
| Mohigul Nizomiddinova                                                                                                                             |      |
| Axborot va telekommunikatsion vositalari imkoniyatlaridan foydalanish orqali talabalarni badiiy qadriyatlarga qiziqtirish .....                   | 1049 |
| Soliyeva Maftuna Tirkash qizi                                                                                                                     |      |
| Ruhiy rivojlanishning susayish sabablari va klinik xarakteristikasi .....                                                                         | 1053 |
| Xamrayeva Iroda Sayfullayevna                                                                                                                     |      |
| Ona tili darslarida zid ma'noli so'zlarning o'quvchilar nutqini rivojlantirishdagi vazifalari .....                                               | 1056 |
| Xusanova Gulruxsor To'liqin qizi                                                                                                                  |      |
| Ta'lim tizimida neyrolingvistik dasturlash (NLD)ning ilmiy-metodologik asoslari .....                                                             | 1059 |
| Xolikova Dilobarxon Maxsitovna                                                                                                                    |      |
| Boshlang'ich sinf o'quvchilarida milliy identitet va vatanparvarlikni shakllantirish texnologiyalari .....                                        | 1062 |
| Primkulova Iroda Berdimurodovna                                                                                                                   |      |
| Informatika o'qitishda veb texnologiyalardan foydalanishning ahamiyati .....                                                                      | 1067 |
| Xatamqulova Gulsanamxon Salimjonovna                                                                                                              |      |
| Talabalarining ingliz tilida o'qish ko'nikmalarini rivojlantirishda interaktiv metodlardan foydalanish .....                                      | 1071 |
| Esmuratov Muzaffar Elamonovich                                                                                                                    |      |

|                                                                                                                                                     |      |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|------|
| Bo'lajak maxsus pedagoglarni korreksion mashg'ulotlarda logotexnik mashqlar tizimidan foydalanishga tayyorlash omillari.....                        | 1073 |
| <b>Maxmudov Xurshidjon Shuxratovich</b>                                                                                                             |      |
| Inklyuziv ta'lim jarayonida boshlang'ich sinf o'quvchilarini antroposentrik yondashuv asosida tarbiyalash mexanizmi .....                           | 1076 |
| <b>Oppoxo'jayev Xojixuja Azimjon o'g'li</b>                                                                                                         |      |
| Nutqida muammosi mavjud bolalarning ijtimoiy adaptatsiya xususiyatlarini o'rganishning pedagogik asoslari .....                                     | 1081 |
| <b>Ne'matullayeva Mushtariy Laziz qizi</b>                                                                                                          |      |
| Mutaxassislik modullarini integrativ o'qitishning mazmuni va shart-sharoitlari .....                                                                | 1084 |
| <b>Maxmudova Madinaxon Sobirxonovna</b>                                                                                                             |      |
| Talabalarda divergent tafakkurni rivojlantirish usullari .....                                                                                      | 1091 |
| <b>Adizova Nigora Baxtiyorovna</b>                                                                                                                  |      |
| Milliy tarbiya tizimida milliy tilning o'rni (jadid pedagoglari qarashlari misolida) .....                                                          | 1096 |
| <b>Almuratova Gulbaxor Mansur qizi</b>                                                                                                              |      |
| Kompetensiyaviy ishlab chiqarish bo'yicha pedagogika kollejlari o'quvchilarining o'quv-bilish "yaratish" faol modeli .....                          | 1100 |
| <b>Ashirov Abdurashid Ravshanovich</b>                                                                                                              |      |
| Bo'lajak ingliz tili o'qituvchilarida deontologik madaniyatning tarkibiy qismlari va pedagogik, psixologik tahlili .....                            | 1106 |
| <b>Axadova Mahliyo Xalimovna</b>                                                                                                                    |      |
| Scientific and Methodological Foundations of the Development of Universal Competencies of Students..                                                | 1109 |
| <b>Bakhtiyor Suvonkulov</b>                                                                                                                         |      |
| Maktabgacha 5-6 yoshdagi bolalarni badiiy adabiyot bilan tanishtirishning yosh bilan bog'liq xususiyatlari va tarbiyachining mahorati .....         | 1113 |
| <b>Daminova Shoxista Farxodovna</b>                                                                                                                 |      |
| Gospital pedagogika – shifoxona va maktab o'rtasidagi ko'prikdir .....                                                                              | 1117 |
| <b>Dilmurod Alimov</b>                                                                                                                              |      |
| Rus tili o'qituvchilarining kasbiy faoliyati asoslari .....                                                                                         | 1121 |
| <b>Ergashov Ma'murjon Mominjonovich</b>                                                                                                             |      |
| Muhandislik ta'limida smart-ta'lim texnologiyalari va adaptiv loyihalash kompetensiyasining nazariy-metodologik asoslari .....                      | 1125 |
| <b>G. Sh. Tursunova</b>                                                                                                                             |      |
| 6–7 yoshli bolalarda ikkinchi tilni o'rgatish orqali ijodiy tafakkurni rivojlantirish: metodik yondashuvlar .....                                   | 1130 |
| <b>G'aniyeva Shahlo Abduqahhor qizi</b>                                                                                                             |      |
| Sun'iy intellekt vositalari orqali bo'lajak o'qituvchilarda axborotlar bilan ishlash kompetensiyasini shakllantirish .....                          | 1138 |
| <b>Inadullayeva Sevara Qahramonovna</b>                                                                                                             |      |
| Jadid adabiyotini o'qitishda dekonstruktiv yondashuv va samarali pedagogik strategiyalar .....                                                      | 1141 |
| <b>Isabayeva Asida Yusufjonovna</b>                                                                                                                 |      |
| Kimyo ta'limida natriy va uning birikmalarini o'qitishda pinbord usulining metodik imkoniyatlari.....                                               | 1146 |
| <b>Iskandarov Aybek Yuldashevich, Axmedova Nargiza Rustamovna</b>                                                                                   |      |
| Sifat menejmenti zamonaviy menejmentning funksional xarakteristikasi sifatida.....                                                                  | 1149 |
| <b>Jabbarbergenova Bibimariyam Amangeldiyevna</b>                                                                                                   |      |
| Development of Speed-Strength Abilities of Qualified Wrestlers in Sports Improvement Groups.....                                                    | 1155 |
| <b>Jumadurdiyev Bahodir Xolmamatovich. Komilov Aziz Xoshimovich</b>                                                                                 |      |
| Odam va hayvonlar fiziologiyasi fanining oliy ta'lim tizimidagi o'rni va didaktik ahamiyati .....                                                   | 1160 |
| <b>Kaljanov Damir Maxsetbayevich</b>                                                                                                                |      |
| Psychological Preparation of Young Judo Players Before and During Competitions .....                                                                | 1165 |
| <b>Komilov Aziz Xoshimovich, Jumadurdiyev Bahodir Xolmamatovich</b>                                                                                 |      |
| Boshlang'ich sinf o'quvchilarining kreativ fikrlash qobiliyatlarini rivojlantirish .....                                                            | 1171 |
| <b>Komilova Farog'at Numonjon qizi</b>                                                                                                              |      |
| Tarbiya innovativ metodlarining oilada tutgan o'rni.....                                                                                            | 1176 |
| <b>Marimbayeva Bibidona Rinat qizi</b>                                                                                                              |      |
| Tibbiyot texnikumi o'quvchilarining mustaqil ishlari orqali kognitiv ko'nikmalarini shakllantirish metodikasi                                       | 1180 |
| <b>Matchanova Malika Maxmudovna</b>                                                                                                                 |      |
| Pedagogik innovatsiyalar va yangi metodologik yondashuvlar:<br>Design Thinking, Project-Based Learning, Problem-Based Learning onlayn shaklda ..... | 1183 |
| <b>Muydinjonov Ziyodjon Rafiqjon o'g'li</b>                                                                                                         |      |



|                                                                                                                                                                                             |      |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| Maktabgacha ta'lim tashkilotlari direktorlarining kasbiy tayyorgarligi va rivojlanishidagi pedagogik shart-sharoitlar .....                                                                 | 1187 |
| <b>N. Sh. Djumaniyazova</b>                                                                                                                                                                 |      |
| Badiiy gimnastikachilarda egiluvchanlik sifatini rivojlantirishning nazariy asoslari .....                                                                                                  | 1190 |
| <b>Nazarova Mohinur Atxam qizi</b>                                                                                                                                                          |      |
| Boshlang'ich sinf o'qituvchilarining metodik tayyorgarligini takomillashtirish texnologiyasi .....                                                                                          | 1195 |
| <b>Nishonova Durdona Olimjon qizi</b>                                                                                                                                                       |      |
| Politeknikumlarda "Veb dasturlash" fanini o'qitishda sun'iy intellekt texnologiyalaridan foydalanish metodikasi .....                                                                       | 1201 |
| <b>Nuritdinova Gulnigor Taxirjanovna</b>                                                                                                                                                    |      |
| O'zbekiston Respublikasi maktabgacha ta'lim tashkilotlari uchun "Ilk qadam" davlat o'quv dasturi (uchinchi nashri) dagi o'zgarishlar .....                                                  | 1205 |
| <b>Otahanova Manzura G'ofurovna</b>                                                                                                                                                         |      |
| Sog'lom turmush tarzi vositasida oliy ta'lim muassasasi talabalarining jismoniy salomatligini pedagogik strategiyalar orqali rivojlantirish metodikasi .....                                | 1210 |
| <b>Qayumov Shohruh Abduljalol o'g'li, Norqulov Shokir Muzaffarovich, Karimova Mohinur Abduljalol qizi</b>                                                                                   |      |
| Maktabgacha ta'lim tashkilotida yozgi sog'lomlashtirish va chiniqtirish davrida ta'lim-tarbiya jarayoni sifatini ta'minlash .....                                                           | 1214 |
| <b>Qurbonova Asal Dilshod qizi</b>                                                                                                                                                          |      |
| O'quvchilarining kreativligini rivojlantirish bosqichlari .....                                                                                                                             | 1218 |
| <b>Safarova Madina Azamat qizi</b>                                                                                                                                                          |      |
| Fizika fanini o'qitishda zamonaviy pedagogik texnologiyalardan foydalanish .....                                                                                                            | 1222 |
| <b>Shag'ataeva Uldanay O'serbay qizi</b>                                                                                                                                                    |      |
| Oliy ta'lim tizimida klasterli yondashuvni qo'llash orqali talabalar induktiv va deduktiv fikrlash ko'nikmalarini rivojlantirishning nazariy-metodologik asoslarini takomillashtirish ..... | 1227 |
| <b>Shermatova Saxobaxon Rahmonberdi qizi</b>                                                                                                                                                |      |
| Milliy qadriyatlar asosida tasviriy san'atni o'qitishning zamonaviy yondashuvlari .....                                                                                                     | 1231 |
| <b>Sherov Dilshod Reyimberganovich</b>                                                                                                                                                      |      |
| Ta'lim jarayonida o'qituvchilarni baholashda interaktiv va moslashuvchan usullar .....                                                                                                      | 1236 |
| <b>Sayfuddinova Kavsar Rahmatulloh qizi</b>                                                                                                                                                 |      |
| Nogiron bolalarni tekshirishda psixologik-pedagogik diagnostikaning ahamiyati .....                                                                                                         | 1239 |
| <b>Umarova Sabaxon Minavvarovna, Yuldasheva Dilbarxon Turg'unovna</b>                                                                                                                       |      |
| Ingliz tili darslarida boshlang'ich sinf o'quvchilarining muloqot qobiliyatini rivojlantirish .....                                                                                         | 1242 |
| <b>Xalilova Muxlisa Ulug'bek qizi</b>                                                                                                                                                       |      |
| Bo'lajak o'qituvchilarning kreativ qobiliyatlarini rivojlantirish bosqichlari .....                                                                                                         | 1247 |
| <b>Xayitov Jonibek Xolboboyevich</b>                                                                                                                                                        |      |
| Pedagoglarning uzluksiz kasbiy rivojlanish jarayonini individuallashtirishning pedagogik tizimini takomillashtirish .....                                                                   | 1250 |
| <b>Xudoyberdiyeva Janona Rustamovna</b>                                                                                                                                                     |      |
| Bo'lajak pedagoglarning kommunikativ kompetentligini rivojlantirishning psixologik-pedagogik xususiyatlari .....                                                                            | 1254 |
| <b>Axmedov Akmal Yusufovich, Muhammadjonova Zarnigor Shokirjon qizi</b>                                                                                                                     |      |
| Boshlang'ich sinflarda matematik mantiqiy fikrlashni rivojlantiruvchi metod va vositalar .....                                                                                              | 1258 |
| <b>Eshonqulova Shafoat Ergashevna, Eshonqulov Sherzod Ummatovich, Samandarova Shahnoza</b>                                                                                                  |      |
| Muhandislik ta'limida smart-ta'lim texnologiyalari va adaptiv loyihalash kompetensiyasining nazariy-metodologik asoslari .....                                                              | 1262 |
| <b>G. Sh. Tursunova</b>                                                                                                                                                                     |      |
| Professional Needs of Deputy Directors at Secondary Schools .....                                                                                                                           | 1266 |
| <b>Jambilov Nurillo Xabibilloevich</b>                                                                                                                                                      |      |
| Virtual reallik texnologiyalari yordamida ta'lim samaradorligini oshirish imkoniyatlari .....                                                                                               | 1269 |
| <b>Mamadjonova Nozima Adhamovna</b>                                                                                                                                                         |      |
| AI or Corpus: Which is Better for Teaching English Vocabulary? .....                                                                                                                        | 1272 |
| <b>Munajat Sultonova</b>                                                                                                                                                                    |      |
| O'quvchilarni kasbga yo'nal tirishning pedagogik asoslari .....                                                                                                                             | 1275 |
| <b>Raxmatullayeva Durdona Ravshanovna</b>                                                                                                                                                   |      |
| Ingliz tilida talabalarining kasbiy kompetensiyasini rivojlantirish metodikasi (sohaviy matnlarni o'qishni o'rgatish misolida) .....                                                        | 1278 |
| <b>Shahobiddinova Dilnavoz Bahodir qizi</b>                                                                                                                                                 |      |

|                                                                                                                                                                     |      |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| Muhandislik grafikasi ta'limida raqamli transformatsiya: o'quv jarayonini takomillashtirishda zamonaviy pedagogik texnologiyalar (Cad, 3D modellash, VR) roli ..... | 1281 |
| <b>Tadjiyeva Feruza Muxtarovna</b>                                                                                                                                  |      |
| Raqamli ta'lim ekotizimi: AKT asosida axborot-ta'lim muhiti va virtual laboratoriyalarni joriy etish tajribasi .....                                                | 1286 |
| <b>Toshkentov Akmal Mamirovich</b>                                                                                                                                  |      |
| Boshlang'ich sinf o'qituvchilarida chiroyli yozish texnologiyalarini rivojlantirish pedagogik muammo sifatida.....                                                  | 1290 |
| <b>Usmonova Gulnoza Abdurashid qizi</b>                                                                                                                             |      |
| Теория коммуникации как методологическая основа изучения трансформации языковой нормы в эпоху цифровых медиа.....                                                   | 1294 |
| <b>Дилшодбеков Темур Дилшодбек угли</b>                                                                                                                             |      |
| Значение усвоения учебных материалов в процессе формирования биологических понятий у учащихся.....                                                                  | 1297 |
| <b>У. О. Шарибаева</b>                                                                                                                                              |      |
| Specifics of Teaching Professional Terminology to Students of Economic Specialties .....                                                                            | 1301 |
| <b>Хамдамов Рамзбек Мадаминжонович</b>                                                                                                                              |      |
| Maktabgacha ta'lim tashkilotlarida tarbiyalanuvchilarni kasbga yo'naltirish: pedagogik yondashuvlar va amaliy tajribalar.....                                       | 1306 |
| <b>Ahmedova Lola Abdivasi qizi</b>                                                                                                                                  |      |
| Madaniyat tushunchasi va uni xorijiy til o'qitishda o'rganish zarurati.....                                                                                         | 1311 |
| <b>Ma'murova Farangiz Ne'matovna</b>                                                                                                                                |      |
| Grafik organayzer tushunchasining mohiyati va uning turlari .....                                                                                                   | 1315 |
| <b>Nabijanov Yusufjon Inomiddin o'g'li</b>                                                                                                                          |      |
| Bo'lajak boshlang'ich sinf o'qituvchilarining kasbiy kompetensiyasini shakllantirish va rivojlantirishning ilmiy metodik asoslari.....                              | 1319 |
| <b>Xidirova Gavhar Babaqul qizi</b>                                                                                                                                 |      |
| Pedagogik nizo va stress holatlarida o'qituvchining o'zini boshqarish malakasini shakllantirish .....                                                               | 1322 |
| <b>Razzakova Dilnoza Akramovna</b>                                                                                                                                  |      |
| Kompyuter grafikasi darslarida loyihaviy yondashuvni amalga oshirishning metodik asoslari.....                                                                      | 1326 |
| <b>Nazarova Shahnoza Shokirovna</b>                                                                                                                                 |      |
| Kichik yoshdagi o'quvchilarda universal ta'limiy faoliyatlarni shakllantirish nazariyasi.....                                                                       | 1330 |
| <b>Abdullayev A'zimjon Abduvali o'g'li</b>                                                                                                                          |      |
| ART pedagogikaning tarixi va kelib chiqishi .....                                                                                                                   | 1335 |
| <b>M. K. Abulova</b>                                                                                                                                                |      |
| Dasturiy-didaktik ta'minot asosida talabalarining kiberpedagogik kompetensiyalarini rivojlantirish metodikasini takomillashtirish .....                             | 1338 |
| <b>Bekchonova Shoira Bazarbayevna</b>                                                                                                                               |      |
| Bo'lajak pedagoglarning fasilitatsion kompetentligini raqamli texnologiyalar vositasida rivojlantirish mexanizmi .....                                              | 1342 |
| <b>Eshmatova Go'zaloy Ziyoyidin qizi</b>                                                                                                                            |      |
| Mashqalali o'qitiladigan qaraqalpaq adbiyoti saba'ida qollanilgan abzalliklari .....                                                                                | 1346 |
| <b>Jaksimova Urziya Jumabaevna</b>                                                                                                                                  |      |
| Forming Primary-School Teachers' Creative Pedagogical Culture Through Professional Reflection.....                                                                  | 1349 |
| <b>Komiljonova Dilyoraxon</b>                                                                                                                                       |      |
| Professional ta'limda o'quvchilarda tadqiqotchilik ko'nikmalarini shakllantirishning nazariy-metodik asoslari (fizika ta'limi misolida).....                        | 1352 |
| <b>Kosimova Yanglish Baxtiyorovna</b>                                                                                                                               |      |
| Maktabgacha yoshdagi bolalarga ta'lim-tarbiya berishda ertak terapiyasidan foydalanish .....                                                                        | 1355 |
| <b>Mamataliyeva Mahbuba Abduvoris qizi</b>                                                                                                                          |      |
| Oliy ta'lim muassasalarida imkoniyati cheklangan talabalarni ijtimoiy moslashtirish tizimini takomillashtirishning nazariy-pedagogik asoslari .....                 | 1358 |
| <b>Nazarova Zarrina Allaberdiyevna</b>                                                                                                                              |      |
| Mantiqiy fikrlashni rivojlantirish texnologiyalari asosida pedagogik loyihalashtirish .....                                                                         | 1361 |
| <b>Polvonova Yulduzxon Saparboyevna</b>                                                                                                                             |      |
| SMART texnologiyalar asosida bo'lajak boshlang'ich sinf o'qituvchilari kasbiy mahoratini shakllantirish modeli .....                                                | 1364 |
| <b>Qipchaqova Yorqinoy Hamidjonovna</b>                                                                                                                             |      |
| Talabalarda emotsional intellektni boshqarishning ijtimoiy-psixologik usullari.....                                                                                 | 1368 |
| <b>Rustamova Barno Abduxalilovna</b>                                                                                                                                |      |



|                                                                                                                                                                       |      |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| Nofilologik ta'lim yo'nalishi talabalariga chet tili o'qitish jarayonida pragmatik kompetensiyani rivojlantirish xususiyatlari.....                                   | 1371 |
| Sadirova Dinara Sadikovna                                                                                                                                             |      |
| The Effectiveness of Project-Based Collaborative Learning in Improving English Speaking Skills of High School Students.....                                           | 1378 |
| Salikhova N. I., Izzetullah Zeki                                                                                                                                      |      |
| Jadidlarning pedagogik merosi va zamonaviy ta'limda akmeologik yondashuv integratsiyasi.....                                                                          | 1383 |
| Shodiyeva Nasiba Rustamovna                                                                                                                                           |      |
| Serebral falajli bolalar uchun xavfsiz muhit yaratish.....                                                                                                            | 1387 |
| Shokirova Shaxnoza Dilmurodovna                                                                                                                                       |      |
| Diplomatik hujjatlar bilan ishlashning pedagogik modeli .....                                                                                                         | 1391 |
| Sobirova Shahlo Jamolovna                                                                                                                                             |      |
| Boshlang'ich sinf o'quvchilarini kreativ fikrlashga o'rgatishning zamonaviy usullari.....                                                                             | 1394 |
| Suyarov Adham Begmuradovich                                                                                                                                           |      |
| Globalization and The Changing Role of English Teachers in Non-Native Contexts .....                                                                                  | 1399 |
| Toirova Shohida Kamolovna                                                                                                                                             |      |
| The Role of the Literary Heritage of the Timurid Era in Shaping National Identity and Spiritual Values .....                                                          | 1402 |
| Tokhliyeva Shafolat Rustam kizi                                                                                                                                       |      |
| Mantiqiy fikrlashni rivojlantirishning mavjud ilmiy-nazariy tavsiflari .....                                                                                          | 1405 |
| Toshboyeva Saida                                                                                                                                                      |      |
| Talabalarining mustaqil ish loyihasini ishlash jarayonidagi ruhiy holatlari .....                                                                                     | 1408 |
| Uzaqbaeva Venera Abatbaevna, Kubeysinova Nilufar Maxmutovna                                                                                                           |      |
| O'qituvchilarda mantiqiy fikrlash kompetensiyasini shakllantirishning mazmuni va mexanizmlari .....                                                                   | 1412 |
| Xursanova Zilola Mirzaxolmatovna                                                                                                                                      |      |
| Boshlang'ich sinf o'quvchilarda ijtimoiy-emotsional kompetensiyalarni shakllantirish: metod va yondashuvlar .....                                                     | 1416 |
| Ziyayev Adxamjon                                                                                                                                                      |      |
| Developing Students' Speech Skills Based on Multimodal Approach in English Teaching .....                                                                             | 1419 |
| Bultakova Mokhinur Shuhratboy qizi                                                                                                                                    |      |
| Kreativ yondashuv asosida talabalarni tarbiyaviy faoliyatga tayyorlashning samarali yo'llari .....                                                                    | 1422 |
| G. M. Adizova                                                                                                                                                         |      |
| A Comparative Study of Linguistic and Cultural Expression in Uzbek and English Literary Discourse.....                                                                | 1426 |
| Ismoilova Shakhnoza Ilkhomovna                                                                                                                                        |      |
| Fitrat asarlarida vatanparvarlik va milliy ong masalalarining talqini.....                                                                                            | 1429 |
| Isomiddinov Yo'ldosh Yusubboyevich                                                                                                                                    |      |
| Bo'lajak tarbiyachilarni pedagogik mahoratni egallash jarayonini takomillashtirish.....                                                                               | 1433 |
| Jabborova Marifat Qodiraliyevna                                                                                                                                       |      |
| Umumta'lim maktablarida ijtimoiy sheriklik asosida ta'lim samaradorligini oshirish mexanizmlari .....                                                                 | 1436 |
| Kumush Xamrakulova                                                                                                                                                    |      |
| Ekologik bilimlar asosida maktabgacha yoshdagi bolalarda tabiatga qadriyatli munosabatlarni shakllantirishning tarixiy asoslarini o'rganishda xorijiy tajribalar..... | 1440 |
| Mirxamidova Maftunaxon Xusanboy qizi                                                                                                                                  |      |
| O'yin nomlarining lingvomadaniy ahamiyati .....                                                                                                                       | 1444 |
| Matmusayeva Muhayyo Azamovna                                                                                                                                          |      |
| Umumta'lim maktablarida elektroliz jarayonini o'qitish metodikasi.....                                                                                                | 1446 |
| O'rinova Ozodaxon O'ljayevna, Toshtemirov Asadbek                                                                                                                     |      |
| Bo'lajak maktabgacha ta'lim tizimi pedagoglarining ekoestetik madaniyatini rivojlantirishda ekologik ta'lim-tarbiyaning o'rni .....                                   | 1450 |
| Oygul Ashurova Anvarjonovna                                                                                                                                           |      |
| Inklyuziv ta'limda alohida ta'lim ehtiyojlari bo'lgan bolalar majburiyat yuklatilgan shaxslar emas.....                                                               | 1453 |
| Mo'minov Sulton Akbar o'g'li, Toshmurodova Muxabbat Nazaraliyevna                                                                                                     |      |
| Nogironligi bo'lgan o'smir bolalarni ota-onalari bilan hamkorlikda ijtimoiy hayotga moslashtirish samaradorligini oshirish.....                                       | 1460 |
| Salixova Gulnoza Maxmudovna                                                                                                                                           |      |
| Talabalarining o'quv faoliyatini o'yinli texnologiyalar asosida tashkil etishning nazariy asoslari .....                                                              | 1463 |
| Umarov Nurbek Irkinovich                                                                                                                                              |      |
| Maxsus maktablarda eshitishida nuqsoni bor bolalar nutqini interfaol metodlar orqali rivojlantirish .....                                                             | 1466 |
| Teshaboyeva Feruza Raximovna                                                                                                                                          |      |

|                                                                                                                                                                                                                           |      |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| Media to'garaklarini gospital ta'limda tashkil etishga oid xorijiy tajribalar tahlili.....                                                                                                                                | 1469 |
| <b>Abduraximova Nozimaxon Baxadirovna</b>                                                                                                                                                                                 |      |
| Bo'lajak boshlang'ich sinf o'qituvchilarining intellektual ko'nikmalarini rivojlantirish metodikasini takomillashtirish tizimi.....                                                                                       | 1475 |
| <b>Abduraxmonova Noila Nasim qizi</b>                                                                                                                                                                                     |      |
| Raqamli transformatsiyaning mohiyati, xususiyatlari va sotsiomadaniy jarayonlarga ta'siri.....                                                                                                                            | 1479 |
| <b>Bakirov Otabek Bo'ranovich</b>                                                                                                                                                                                         |      |
| Ingliz tilini o'qitishda mediatexnologiya vositalarini tadbiq qilishning optimal shakl va usullari.....                                                                                                                   | 1484 |
| <b>Eshboyev Shoira Azamatovna</b>                                                                                                                                                                                         |      |
| Singapur, Angliya, Rossiya va O'zbekiston o'quv dasturlarida o'qish savodxonligi yondashuvlari .....                                                                                                                      | 1488 |
| <b>Eshonkulova Hilola Rajab qizi</b>                                                                                                                                                                                      |      |
| O'quv mashg'ulotlarini tarbiyaviy funksiyalarini amalga oshirishda uchraydigan muammolar va ularni bartaraf etish yo'llari.....                                                                                           | 1492 |
| <b>Fayziyeva Maftuna Ilxomovna</b>                                                                                                                                                                                        |      |
| Badiiy asarlarni o'rganish jarayonida bolalarni bilish ko'nikmalarini rivojlantirishning pedagogik shart-sharoitlari .....                                                                                                | 1496 |
| <b>Jaloldinova Madinaxon Xojakanovna</b>                                                                                                                                                                                  |      |
| Oliy harbiy ta'lim tizimida kursantlarning psixologik moslashuvi va shaxsiy shakllanishining psixologik omillari.....                                                                                                     | 1499 |
| <b>Kushbayev Sardor Kenjabayevich</b>                                                                                                                                                                                     |      |
| Nutqi to'liq rivojlanmagan bolalarning so'zlashuv nutqini rivojlantirishning samarali usullari .....                                                                                                                      | 1502 |
| <b>Lola Ibragimova</b>                                                                                                                                                                                                    |      |
| Bo'lajak iqtisodchi mutaxassislar uchun mustaqil ta'limni tashkil etish modeli .....                                                                                                                                      | 1506 |
| <b>Muqimova Zulxumor Ziyataliyevna</b>                                                                                                                                                                                    |      |
| 4K modeli asosida darslarni tashkil etish.....                                                                                                                                                                            | 1511 |
| <b>Nazarova Mavluda Uktamovna</b>                                                                                                                                                                                         |      |
| Ota-onalarning bolalar tarbiyasidagi mas'uliyatini oshirishda pedagogik targ'ibotning o'rni.....                                                                                                                          | 1514 |
| <b>Ochilova Dilrabo Ibragimovna</b>                                                                                                                                                                                       |      |
| Tasviriy faoliyat vositasida maktabgacha yoshdagi bolalarning kombinatsion qobiliyatlarini rivojlantirish ..                                                                                                              | 1517 |
| <b>Raxmatova Gulobod Tuyboy qizi</b>                                                                                                                                                                                      |      |
| Muhandislik ta'limida texnologik tafakkurni rivojlantirishning zamonaviy yondashuvlari .....                                                                                                                              | 1520 |
| <b>Turayeva Nargiza Nasrullayevna</b>                                                                                                                                                                                     |      |
| Logistik tizimlarda axborot kommunikatsiya texnologiyalari fanini o'qitishda zamonaviy metodlarning o'rni va ahamiyati.....                                                                                               | 1524 |
| <b>Ulug'murodova Nargiza Norovna</b>                                                                                                                                                                                      |      |
| Experimental Justification and Evaluation of the Effectiveness of a Gymnastics Exercise Complex Based on a Differential Approach In The Prevention of Metabolic Syndrome and Overweight In Women of Reproductive Age..... | 1528 |
| <b>Urazova Muborak Yuldosheva</b>                                                                                                                                                                                         |      |
| PIRLS xalqaro tadqiqotida o'qituvchi omilining o'quvchilar natijasiga ta'siri.....                                                                                                                                        | 1532 |
| <b>Usmonova Yulduz Abdusaid qizi</b>                                                                                                                                                                                      |      |
| Когнитивные стили обучающихся как ключевой нейропсихологический компонент .....                                                                                                                                           | 1537 |
| <b>Эгамбердиева Фарида Октамовна</b>                                                                                                                                                                                      |      |
| Markaziy Osiyoda dizaynning rivojlanish istiqbollari.....                                                                                                                                                                 | 1540 |
| <b>Abdijalilov Abdivohid Abdihalimovich</b>                                                                                                                                                                               |      |
| Bo'lajak oilaviy shifokorlarning boshqaruvchanlik kompetensiyalarini shakllantirishda didaktik imkoniyatlar .....                                                                                                         | 1544 |
| <b>Yusupova Shaxnoza Qodirjonovna, Abduvahobova Nozima Rahmanovna</b>                                                                                                                                                     |      |
| Oliy ta'lim sifatining ijtimoiy-iqtisodiy taraqqiyotga ta'siri .....                                                                                                                                                      | 1549 |
| <b>Alimova Mavluda Shuxratbekovna</b>                                                                                                                                                                                     |      |
| Bo'lajak ingliz tili o'qituvchilarining kasbiy malakalarini takomillashtirish metodikasi (filologiya va tillarni o'qitish: ingliz tili yo'nalishi misolida) .....                                                         | 1553 |
| <b>Axadova Shaxnoza Odiljonovna</b>                                                                                                                                                                                       |      |
| Algorithmic Filtering and Social Polarization .....                                                                                                                                                                       | 1556 |
| <b>Azizova Shodiya Utkur kizi</b>                                                                                                                                                                                         |      |
| Malaka oshirish jarayonida pedagoglarning huquqiy madaniyatni rivojlantirishmetodlari .....                                                                                                                               | 1560 |
| <b>Boymirzayeva Raximaxon Xoshimjonovna</b>                                                                                                                                                                               |      |



|                                                                                                                                                                  |      |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| Globalashuv sharoitida oilaning an'anaviy qadriyatlari va zamonaviy tendensiyalari nisbati .....                                                                 | 1565 |
| <i>Ergashova Guljahon Akmal qizi</i>                                                                                                                             |      |
| Turli yoshdagi maktabgacha yoshdagi bolalarda (5–6 va 6–7 yosh) kognitiv rivojlanishni tashkil etishda o'yin turlarini tanlashning pedagogik asoslari .....      | 1569 |
| <i>Fozilova Odina Nabiyeвна</i>                                                                                                                                  |      |
| Tibbiy ta'lim talabalarining amaliy ko'nikmalarini rivojlantirishda interaktiv simulyatorlardan foydalanishning nazariy asoslari.....                            | 1572 |
| <i>Abdullajanov Baxrom Rustamjanovich, Yakubbekova Mavluda Kozimjonovna, Isakov Qobiljon Komiljon o'g'li</i>                                                     |      |
| Fitrat asarlarida vatanparvarlik va milliy ong masalalarining talqini.....                                                                                       | 1576 |
| <i>Isomiddinov Yo'ldosh Yusubboyevich</i>                                                                                                                        |      |
| "Temurbeklar maktabi" o'quvchilarining mustaqil ishlash kompetensiyalarini elektron ta'lim resurslari vositasida rivojlantirishning samaradorlik darajasi.....   | 1580 |
| <i>Jumayev Javlonbek Abduqahhor o'g'li</i>                                                                                                                       |      |
| Boshlang'ich sinf o'quvchilarining ingliz tilida og'zaki nutqini qo'shiqlar orqali shakllantirishning psixolingvistik masalalari.....                            | 1585 |
| <i>Karimova Dilyora Raximjon qizi</i>                                                                                                                            |      |
| Talabalarni kasbiy faoliyatga tayyorlashni pedagogik loyihalashtirishda reflektiv yondashuvi turlari .....                                                       | 1589 |
| <i>Nurmanov Alisher Shaymardonovich</i>                                                                                                                          |      |
| Oliy ta'lim muassasalarida bo'lajak o'qituvchilarni raqamli texnologiyalar vositasida kasbiy-pedagogik faoliyatga tayyorlash jarayonlarini takomillastirish..... | 1591 |
| <i>Sh. A. Abdullayev</i>                                                                                                                                         |      |
| Tibbiy ta'limda talabalar kognitiv tafakkurini rivojlantirish texnologiyalarining nazariy-metodik asoslari.....                                                  | 1594 |
| <i>Abdullajanov Baxrom Rustamjanovich, Supichakov Xondamir Xamidovich, Yusupova Shaxnoza Kadirjanovna, Isakov Qobiljon Komiljon o'g'li</i>                       |      |
| O'quvchilarda ingliz tilidagi lingvistik kompetensiyani shakllantirishda tizimli yondashuvning roli.....                                                         | 1598 |
| <i>Tojiyeva Anora Baxtiyorovna</i>                                                                                                                               |      |
| Inklyuziv ta'lim tushunchasi va rivojlanish bosqichlari .....                                                                                                    | 1602 |
| <i>Toshboltayeva Malohatoy Valijon qizi</i>                                                                                                                      |      |
| Raqamli ta'lim muhitida o'quvchilarning tanqidiy fikrlashini rivojlantirish .....                                                                                | 1605 |
| <i>Turobova Nilufar Umedullayevna</i>                                                                                                                            |      |
| Bo'lajak pedagoglarda fasilitatorlik sifatlarini rivojlantirishning samaradorligi.....                                                                           | 1610 |
| <i>Xamidova Sabrina Abduvahob qizi</i>                                                                                                                           |      |
| Tibbiy ta'limda interaktiv simulyatorlardan foydalanishning didaktik imkoniyatlari.....                                                                          | 1615 |
| <i>Abdullajanov Baxrom Rustamjanovich, Yakubbekova Mavluda Kozimjonovna</i>                                                                                      |      |
| Maktabgacha yoshdagi bolalarning dialogik nutqini o'stirishda kompyuter o'yinlarining o'rni .....                                                                | 1620 |
| <i>Yalgasheva Zilola Haziratkul qizi</i>                                                                                                                         |      |
| O'quvchilarda kreativlik ko'nikmalarini shakllantirish .....                                                                                                     | 1624 |
| <i>Yuvashov Sherzod Ulmasovich</i>                                                                                                                               |      |
| Формирование лингвокультурной компетенции студентов-филологов в процессе изучения русского языка как неродного .....                                             | 1628 |
| <i>Имомалиев Шукурулло Шухратович</i>                                                                                                                            |      |
| "Time Management" tushunchasi va oliy ta'lim muassasalari talabalarining o'quv yutuqlari o'rtasidagi bog'liqlik .....                                            | 1631 |
| <i>Sirojova Nafisa Isomiddin qizi</i>                                                                                                                            |      |
| Oilaviy shifokorlarni tayyorlashda boshqaruvchanlik kompetensiyalarini rivojlantirish: mazmuni va turlari ..                                                     | 1635 |
| <i>Yusupova Shahnosa Qodirjanovna, Abduvahobova Nozima Rahmonovna</i>                                                                                            |      |
| Birlamchi sogliqni saqlash tizimida oilaviy shifokorni tayyorlashda an'anaviy institutsional yondashuv (adabiyotlar sharhi).....                                 | 1639 |
| <i>Abduvaxobova Nozima Raxmanovna, Yusupova Shaxnoza Qodirjanovna</i>                                                                                            |      |
| Oila shifokorining tibbiy faoliyatining kommunikativ asoslarini rivojlantirish .....                                                                             | 1643 |
| <i>Yusupova Shaxnoza Kadirjanovna, Abduvahobova Nozima Rahmanovna</i>                                                                                            |      |
| Oilaviy shifokorlarni tayyorlashda boshqaruv kompetensiyalarini shakllantirish (adabiyotlar sharhi).....                                                         | 1652 |
| <i>Yusupova Shaxnoza Qodirjanovna, Abduvaxobova Nozima Rahmonovna</i>                                                                                            |      |

# ALGORITHMIC FILTERING AND SOCIAL POLARIZATION

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**Abstract:** This article examines the impact of algorithmic filtering on social media platforms and its influence on users' perspectives and collective thinking. Algorithmic systems, which curate content based on user preferences, browsing history, and online behavior, often create "echo chambers" – environments where individuals are primarily exposed to information that aligns with their existing beliefs. As a result, users may become increasingly insulated from alternative viewpoints, reinforcing preexisting opinions and contributing to social polarization. The study highlights the significant implications of algorithmic filtering for both individual cognition and group dynamics. By shaping the information users encounter, algorithms can influence political, social, and cultural attitudes while also affecting critical thinking, empathy, and engagement with diverse perspectives. The findings further suggest that understanding the relationship between algorithmic recommendations and social integration is essential for developing strategies to foster a more balanced, inclusive, and critically engaged online environment.

**Key words:** algorithmic filtering, echo chambers, social polarization, social media, collective thinking, information exposure, online behavior.

**Annotatsiya:** Ushbu maqolada ijtimoiy tarmoqlarda algoritmik filtrlashning foydalanuvchilar dunyoqarashi va jamoaviy fikrlash jarayonlariga ta'siri tahlil qilingan. Foydalanuvchining qiziqishlari, izlash tarixi va onlayn xatti-harakatlariga asoslangan algoritmik tizimlar odatda "aks sado kameralarini" – ya'ni insonlar faqat o'z e'tiqodlariga mos ma'lumotlarga duch keladigan muhitlarni shakllantiradi. Natijada foydalanuvchilar muqobil qarashlardan tobora ajralib borib, mavjud fikrlarini mustahkamlab, ijtimoiy qutblanishga hissa qo'shadilar. Tadqiqot natijalari shuni ko'rsatadiki, algoritmik filtrlash individual tafakkur va guruh dinamikasiga sezilarli ta'sir ko'rsatadi. Axborotni tanlash jarayonini boshqarish orqali algoritmlar siyosiy, ijtimoiy va madaniy qarashlarni shakllantiradi, shuningdek tanqidiy fikrlash, empatiya va turli nuqtai nazarlarga ochiqlikni ham belgilaydi. Shuningdek, maqolada algoritmik tavsiyalar bilan ijtimoiy integratsiya o'rtasidagi o'zaro bog'liqlikni tushunish muvozanatli, inklyuziv va tanqidiy fikrlovchi onlayn muhitni yaratish uchun muhim ekani ta'kidlangan.

**Kalit so'zlar:** algoritmik filtrlash, aks sado kameralari, ijtimoiy qutblanish, ijtimoiy tarmoqlar, jamoaviy fikrlash, axborot ta'siri, onlayn xulq-atvor.

**Аннотация:** В статье рассматривается влияние алгоритмической фильтрации в социальных сетях на восприятие пользователей и коллективное мышление. Алгоритмические системы, формирующие контент на основе интересов, истории поиска и онлайн-поведения пользователей, часто создают "эхо-камеры" – среды, в которых люди в основном сталкиваются с информацией, подтверждающей их существующие убеждения. В результате пользователи становятся изолированными от альтернативных точек зрения, что усиливает предвзятые мнения и способствует социальной поляризации.

Исследование подчеркивает значительные последствия алгоритмической фильтрации для индивидуального сознания и групповой динамики. Управляя информацией, с которой сталкиваются пользователи, алгоритмы могут влиять на политические, социальные и культурные установки, а также на процессы критического мышления, эмпатии и взаимодействия с разнообразными точками зрения. Полученные результаты показывают, что понимание взаимосвязи между алгоритмическими рекомендациями и социальной интеграцией имеет важное значение для разработки стратегий, направленных на создание более сбалансированной, инклюзивной и критически мыслящей онлайн-среды.

**Ключевые слова:** алгоритмическая фильтрация, эхо-камеры, социальная поляризация, социальные сети, коллективное мышление, информационное воздействие, онлайн-поведение.



## INTRODUCTION

Social media platforms employ sophisticated algorithms to present users with content tailored to their interests, behavioral patterns, search history, and overall online activity. As a result, individuals are often exposed only to information that aligns with their existing beliefs, while alternative perspectives are filtered out. This phenomenon, known as algorithmic filtering, creates what is referred to as an echo chamber. Echo chambers restrict exposure to diverse viewpoints and reinforce preexisting attitudes, which can profoundly affect both individual cognition and collective social dynamics. Algorithmic filtering plays a significant role in shaping users' decision-making processes, information evaluation, and online interactions. For example, news, opinions, and discussions on political, social, or cultural issues are frequently recommended based on a user's previous behavior and declared interests. Consequently, individuals become confined to content that confirms their own perspectives, reducing their engagement with opposing or unfamiliar viewpoints. This selective exposure contributes to social polarization and the intensification of collective opinions, often manifesting as ideological segregation and increased societal division.

Moreover, algorithmic filtering exerts a substantial influence on the psychological and emotional well-being of users. Constant exposure to belief-confirming content can encourage users to seek ongoing validation of their viewpoints, fostering resistance to alternative interpretations. Such reinforcement may perpetuate social stereotypes, strengthen "us versus them" thinking, and increase cognitive rigidity. As a result, users may become less open to compromise and dialogue, and more vulnerable to biased reasoning or selective information processing. Beyond cognitive and emotional effects, algorithmic filtering can also affect social adaptation, empathy, and emotional intelligence—especially among younger users. Adolescents and young adults who are habitually exposed to homogenous content may experience restricted social and emotional development, limiting their ability to understand or engage with perspectives outside their immediate social circles. This can have long-term implications for interpersonal competence, conflict resolution, and tolerance for diversity.

Algorithmic filtering further interacts with broader societal dynamics and public discourse. By reinforcing ideologically uniform networks, social media algorithms can intensify polarization within political debates, public opinion, and social movements. In extreme cases, these mechanisms may facilitate radicalization, the spread of misinformation, and the formation of insular ideological communities. Moreover, emotionally charged content—eliciting anger, fear, or outrage—can enhance in-group cohesion while deepening intergroup hostility. Given these consequences, understanding the mechanisms and effects of algorithmic filtering has become an urgent scientific and societal imperative in the 21st century. Researchers, policymakers, and social media developers must jointly consider both the technological design of algorithms and human behavioral responses when evaluating the impact of algorithmic content curation. Addressing the challenges posed by echo chambers, promoting exposure to diverse perspectives, and strengthening digital literacy are crucial for mitigating polarization and fostering balanced, critical, and inclusive online environments. In conclusion, algorithmic filtering on social media not only contributes to social polarization, the extremization of collective opinions, and the perpetuation of social stereotypes, but also shapes individual cognition, social perception, and emotional development. Understanding and mitigating these effects are essential steps toward promoting social cohesion, informed public discourse, and the psychological well-being of users in the digital age.

## RESEARCH METHODOLOGY

The study involved 150 social media users from diverse demographic backgrounds, including different age groups, genders, educational levels, and levels of social media engagement. Participants were selected using a stratified sampling method to ensure representation across various user categories, online activity patterns, and engagement intensities. This approach was designed to capture a comprehensive range of behaviors and attitudes toward algorithmically filtered content. Data collection focused on measuring the degree of content filtering experienced by users, as well as the extremity or moderation of their social, political, and cultural views. Participants completed structured questionnaires that assessed their online consumption habits, types of content they frequently engage with, exposure to differing viewpoints, and self-perceived susceptibility to algorithmic recommendations. The survey also included items evaluating participants' critical thinking skills, openness to alternative perspectives, and social interaction patterns within digital platforms. In addition, semi-structured qualitative interviews were conducted with a subset of 30 participants. These interviews provided deeper insights into how algorithmic recommendations influenced users' opinions, emotional responses, and social behaviors. Participants described their experiences of encountering similar or opposing viewpoints online, their strategies for information validation, and the ways in which algorithmically filtered content affected their sense of social identity and group affiliation.

Statistical analysis was conducted using correlation, regression, and multivariate analysis techniques to examine the relationship between algorithmic filtering and social polarization. Quantitative data allowed for the identification of patterns linking the extent of filtering with the extremity of opinions, while controlling for demographic and behavioral variables. The qualitative interview data were analyzed using thematic analysis, identifying recurring themes, user perceptions, emotional reactions, and behavioral responses to filtered content. This mixed-methods approach enabled a comprehensive understanding of both measurable effects and nuanced social-psychological mechanisms. By combining quantitative metrics with qualitative insights, this methodology ensures a robust and nuanced analysis of the impact of algorithmic filtering on individual cognition, social behavior, and collective online discourse. It provides both statistical evidence and rich contextual understanding, offering a solid foundation for interpreting results, drawing conclusions, and discussing broader social, psychological, and technological implications. Moreover, the mixed-methods design allowed the study to account for complex interactions between algorithmic mechanisms and human behavior, revealing how digital environments mediate information exposure, social engagement, and attitudinal formation. By integrating survey data with in-depth interviews, the methodology provides actionable insights for researchers, social media developers, and policymakers seeking to mitigate the polarizing effects of algorithmic content curation.

## ANALYSIS AND RESULTS

The study's findings indicate that algorithmic recommendations play a crucial role in the formation of "echo chambers" on social media platforms. Users are increasingly exposed to content that aligns with their pre-existing beliefs, while alternative perspectives are filtered out or significantly underrepresented. This selective exposure reinforces existing opinions, reduces engagement with diverse viewpoints, and limits opportunities for critical reflection, cognitive dissonance, or meaningful debate. Consequently, users gradually become insulated within homogeneous informational environments, interacting predominantly with content and communities that confirm their prior beliefs. This insulation reinforces ideological conformity and contributes to the emergence of polarized social clusters, where individuals share similar opinions and validate one another's biases. In such clusters, the presence of dissenting perspectives is minimal, making it increasingly difficult for individuals to critically assess or reconsider their views.

The study further demonstrates that algorithmic filtering strengthens stereotypes and in-group/out-group distinctions within collective thinking. Continuous exposure to content that confirms pre-existing assumptions encourages users to adopt generalized beliefs about other social, political, or cultural groups. This effect not only intensifies social polarization but also reduces empathy and increases the likelihood of misperceptions, prejudice, and intergroup hostility. These processes can reinforce social divides and inhibit constructive dialogue between differing groups.

Moreover, the psychological implications of algorithmic filtering are substantial. Users immersed in echo chambers are more susceptible to confirmation bias, as they continually receive information that validates their prior beliefs while conflicting perspectives are minimized. Limited exposure to alternative viewpoints can impair critical thinking, reduce cognitive flexibility, and constrain the ability to engage in nuanced reasoning. Over time, these cognitive patterns may contribute to the radicalization of political, social, and cultural attitudes, fostering intolerance, ideological rigidity, and resistance to compromise in both online and offline contexts. The study also highlights the role of algorithmically curated content in shaping emotional and social responses. Exposure to polarizing content can evoke heightened emotional reactions—such as anger, fear, or indignation—toward groups or ideas outside the user's existing worldview. These amplified emotional responses further consolidate in-group cohesion within echo chambers while deepening intergroup divisions. The emotional intensity generated in such environments reinforces selective information processing, reduces receptiveness to alternative viewpoints, and promotes the formation of strongly biased social networks. Furthermore, algorithmic filtering affects collective cognition and public discourse. By shaping the content encountered by large numbers of users, algorithms influence group attitudes, public opinion trends, and social narratives. This phenomenon can have broader societal implications, including the reinforcement of ideological segregation, propagation of misinformation, and polarization of public debates. The study emphasizes that algorithmic filtering is not a neutral technological process but a social and psychological force that actively shapes online communities, group identity, and the dynamics of collective thinking.

Finally, understanding the implications of algorithmic filtering is critical for policymakers, social media developers, educators, and researchers. Strategies to mitigate the negative effects of filter bubbles—such as increasing exposure to diverse perspectives, enhancing media and digital literacy, and promoting critical engagement with online content—may help counteract social polarization. Encouraging users to engage with differing viewpoints, reflect critically on information sources, and develop balanced online behaviors is essential for fostering healthier, more inclusive, and empathetic digital communities. In conclusion, the study demonstrates that algo-



rithmic filtering contributes to social polarization, reinforces stereotypes, amplifies emotional responses, and shapes collective cognition. Addressing these effects requires an integrated approach combining technological solutions, educational initiatives, and public awareness to ensure that social media platforms promote diversity, critical thinking, and social cohesion rather than ideological isolation.

## CONCLUSION

Algorithmic filtering significantly affects users' social perspectives and contributes to the intensification of polarization on social media platforms. By selectively exposing individuals to content that aligns with their existing beliefs, algorithms reinforce echo chambers, limit exposure to alternative viewpoints, and foster the formation of ideologically homogeneous communities. Given these effects, it is essential for social media platforms to design strategies that expose users to diverse perspectives and promote balanced information consumption. Such interventions may include algorithmic adjustments, enhanced recommendation diversity, and features that encourage engagement with differing viewpoints. Moreover, raising users' awareness of algorithmic filtering is crucial. By fostering digital literacy and critical media analysis skills, individuals can make more informed choices about the content they consume. Social media platforms should also implement tools that actively encourage exploration of diverse content sources – for instance, features highlighting opposing viewpoints or broadening topic exposure.

Collaboration with academic institutions and non-governmental organizations to monitor and assess the effects of algorithmic filtering can further enhance the fairness and stability of information flows in society. This approach not only improves technological solutions but also ensures a more equitable and transparent online information environment. Ultimately, addressing the challenges of algorithmic filtering is not merely a technological task but also a social, psychological, and ethical imperative. Promoting exposure to a wider range of opinions can enhance social integration, reduce ideological extremity, and improve the quality of collective reasoning and public discourse. In this way, fostering a more inclusive, critically engaged, and empathetic online society becomes achievable.

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- 13.00.00 Pedagogika fanlari
  - 13.00.01 Pedagogika nazariyasi. Pedagogik ta'limotlar tarixi
  - 13.00.02 Ta'lim va tarbiya nazariyasi va metodikasi (sohalar bo'yicha)
  - 13.00.03 Maxsus pedagogika
  - 13.00.04 Jismoniy tarbiya va sport mashg'ulotlari nazariyasi va metodikasi
  - 13.00.05 Kasb-hunar ta'limi nazariyasi va metodikasi
  - 13.00.06 Elektron ta'lim nazariyasi va metodikasi (ta'lim sohaları va bosqichlari bo'yicha)
  - 13.00.07 Ta'limda menejment
  - 13.00.08 Maktabgacha ta'lim va tarbiya nazariyasi va metodikasi
  - 13.00.09 Ijtimoiy pedagogika
  - 07.00.00 Tarix fanlari
  - 19.00.00 Psixologiya fanlari
  - 01.00.00 Fizika-matematika fanlari
  - 02.00.00 Kimyo fanlari
  - 03.00.00 Biologiya fanlari
  - 09.00.00 Falsafa fanlari
  - 10.00.00 Filologiya fanlari
  - 11.00.00 Geografiya fanlari



# AKTABGACHA VA AKTAB TA'LIMI

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**2025. №10**

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**Litsenziya raqami: № 136361.**

**Manzilimiz:** Toshkent shahar, Yunusobod tumani  
19-mavze, 17-uy.