



ISSN: 3060-4613



MAKTABGACHA  
VA MAKTAB  
TA'LIMI VAZIRLIGI



O'zbekiston  
Milliy Pedagogika  
Universiteti



No5(1)  
2026

- 13.00.00 Pedagogika fanlari
- 13.00.01 Pedagogika nazariyasi. Pedagogik ta'limotlar tarixi
- 13.00.02 Ta'lim va tarbiya nazariyasi va metodikasi (sohalar bo'yicha)
- 13.00.03 Maxsus pedagogika
- 13.00.04 Jismoniy tarbiya va sport mashg'ulotlari nazariyasi va metodikasi
- 13.00.05 Kasb-hunar ta'limi nazariyasi va metodikasi
- 13.00.06 Elektron ta'lim nazariyasi va metodikasi (ta'lim sohaları va bosqichlari bo'yicha)
- 13.00.07 Ta'limda menejment
- 13.00.08 Maktabgacha ta'lim va tarbiya nazariyasi va metodikasi
- 13.00.09 Ijtimoiy pedagogika
- 07.00.00 Tarix fanlari
- 19.00.00 Psixologiya fanlari
- 01.00.00 Fizika-matematika fanlari
- 02.00.00 Kimyo fanlari
- 03.00.00 Biologiya fanlari
- 09.00.00 Falsafa fanlari
- 10.00.00 Filologiya fanlari
- 11.00.00 Geografiya fanlari

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# AKTABGACHA VA AKTAB TA'LIMI

Pedagogika, psixologiya fanlariga ixtisoslashgan ilmiy jurnal



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Elektron nashr. 310 sahifa,  
1-may, 2026-yil.

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Pedagogika fanlari bo'yicha: OAK Kengashi tavsiyasi (26.08.2024-y., №11-05-4381/01) asosida:

- Ekspert kengashi (29.10.2024-y., №10)
- Rayosat qarori (31.10.2024-y., №363/5)

Psixologiya fanlari bo'yicha: Toshkent davlat pedagogika universiteti murojaatiga asosan OAK tavsiyasi (24.04.2025-y., №11-05-2566/01):

- Ekspert kengashi (25.05.2025-y., №10)
- Rayosat qarori (08.05.2025-y., №370/5)

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reyestr raqami tartibi bo'yicha  
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Litsenziya raqami: **№136361**



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# ENHANCING SPEAKING SKILLS PRODUCTIVELY IN ENGLISH

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**Abstract:** This article examines the crucial role of speaking skills in the process of learning English as a foreign language. Speaking is considered one of the most essential components of language acquisition because it enables learners to express their thoughts, ideas, and emotions effectively in real-life communication. The study analyzes the common challenges that students face while developing oral communication skills, including a lack of self-confidence, limited vocabulary, fear of making grammatical or pronunciation mistakes, and insufficient opportunities for speaking practice. The article highlights several effective strategies for overcoming these barriers, such as participating in regular speaking activities, practicing pronunciation through shadowing techniques, improving vocabulary knowledge, and receiving constructive feedback from teachers and peers. Additionally, the research emphasizes the importance of creating a supportive learning environment where students feel motivated to communicate freely. Furthermore, the article explains how the development of speaking skills improves learners' fluency, accuracy, and overall communicative competence, helping them succeed in academic, social, and professional settings. The main purpose of this article is to provide practical recommendations for English learners and educators to enhance oral communication skills more effectively.

**Key words:** speaking skills, English language learning, oral communication, vocabulary development, fluency, pronunciation, self-confidence, learning strategies, shadowing technique.

**Annotatsiya:** Ushbu maqolada ingliz tilini chet tili sifatida o'rganish jarayonida so'zlashuv ko'nikmalarining hal qiluvchi roli ko'rib chiqiladi. So'zlashuv til o'zlashtirishning eng muhim tarkibiy qismlaridan biri hisoblanadi, chunki u o'quvchilarga real muloqotda o'z fikrlari, g'oyalari va hissiyotlarini samarali ifoda etish imkonini beradi. Tadqiqotda talabalarning og'zaki nutq ko'nikmalarini rivojlantirishda duch keladigan umumiy muammolari, jumladan, o'ziga bo'lgan ishonchning pastligi, so'z boyligining cheklanganligi, grammatik yoki talaffuzda xato qilishdan qo'rqish va nutq amaliyoti uchun imkoniyatlarning yetishmasligi tahlil qilinadi. Maqolada ushbu to'siqlarni bartaraf etishning bir qancha samarali strategiyalari yoritilgan: muntazam nutqiy mashg'ulotlarda qatnashish, "shadowing" (soyadagi kabi takrorlash) usullari orqali talaffuzni mashq qilish, so'z boyligini oshirish hamda o'qituvchi va tengdoshlardan konstruktiv teskari aloqa olish. Shuningdek, tadqiqot talabalar erkin muloqot qilishga rag'batlantiriladigan qo'llab-quvvatlovchi o'quv muhitini yaratish muhimligini ta'kidlaydi. Bundan tashqari, maqolada so'zlashuv ko'nikmalarining rivojlanishi o'quvchilarning nutq ravonligi, aniqligi va umumiy kommunikativ kompetentsiyasini qanday yaxshilashi, bu esa ularga akademik, ijtimoiy va professional sohalarida muvaffaqiyat qozonishga yordam berishi tushuntiriladi. Maqolaning asosiy maqsadi ingliz tili o'rganuvchilari va pedagoglarga og'zaki nutq ko'nikmalarini yanada samarali oshirish bo'yicha amaliy tavsiyalar berishdan iborat.

**Kalit so'zlar:** so'zlashuv ko'nikmalari, ingliz tilini o'rganish, og'zaki muloqot, lug'at boyligini oshirish, nutq ravonligi, talaffuz, o'ziga bo'lgan ishonch, o'rganish strategiyalari, shadowing texnikasi.

**Аннотация:** В данной статье рассматривается важная роль навыков говорения в процессе изучения английского языка как иностранного. Говорение считается одним из наиболее значимых компонентов овладения языком, поскольку оно позволяет обучающимся эффективно выражать свои мысли, идеи и эмоции в реальном общении. В исследовании анализируются основные трудности, с которыми сталкиваются студенты при развитии устной речи, включая недостаток уверенности в себе, ограниченный словарный запас, страх допустить грамматические или фонетические ошибки, а также недостаточное количество возможностей для практики говорения. В статье выделяются эффективные стратегии преодоления этих трудностей, такие как участие в регулярных речевых упражнениях, отработка произношения с использованием техники "shadowing", расширение словарного запаса и получение конструктивной обратной связи от преподавателей и сверстников. Кроме того, подчёркивается важность создания поддерживающей образовательной среды, в которой обучающиеся чувствуют себя мотивированными к свободному общению. Также в статье объясняется, что развитие навыков говорения способствует повышению беглости речи, точности и общей коммуникативной компетенции, что помогает обучающимся добиваться успеха в академической, социальной и профессиональной сферах. Основная цель статьи – предоставить практические рекомендации для изучающих английский язык и преподавателей с целью более эффективного развития устной речи.

**Ключевые слова:** навыки говорения, изучение английского языка, устная речь, развитие словарного запаса, беглость, произношение, уверенность в себе, стратегии обучения, техника "shadowing".

## INTRODUCTION

Speaking is widely recognized as one of the most fundamental and indispensable skills in learning English, as it enables individuals to convey their thoughts, opinions, and ideas in a clear and coherent manner. Beyond the mere exchange of words, speaking serves as a powerful tool for establishing effective communication with a wide range of people, including peers, educators, colleagues, and individuals from diverse cultural and linguistic backgrounds. In educational contexts, the ability to speak confidently and fluently allows students to actively participate in classroom discussions, deliver presentations, engage in debates, and contribute meaningfully to group projects. These experiences not only enhance the learning process but also foster critical thinking, collaboration, and interpersonal skills, which are essential for academic success. In professional settings, strong oral communication is often a decisive factor for career development.

Employees who can articulate ideas effectively are better positioned to lead teams, negotiate successfully, and build productive professional relationships. Effective speaking skills also facilitate problem-solving, decision-making, and the ability to influence and persuade others, which are highly valued in modern workplaces. Moreover, the development of speaking competence extends beyond professional and academic achievements, as it plays a significant role in social interactions. Individuals who communicate well in English can form meaningful relationships, navigate social networks more easily, and participate actively in multicultural environments.

Furthermore, in today's interconnected and globalized world, the ability to communicate confidently in English opens numerous international opportunities. It enables learners to engage in cross-cultural exchanges, travel, study abroad, and access global resources for personal and professional growth. Mastering speaking skills not only enriches linguistic competence but also cultivates cultural awareness, empathy, and adaptability. As such, speaking proficiency is not merely a language skill but a gateway to broader social, educational, and professional experiences, making it an essential component of holistic personal development.

## LITERATURE REVIEW

Speaking is one of the most essential language skills because it allows people to communicate their ideas, opinions, and feelings directly and effectively. In everyday life, speaking enables real-time interaction with others, which helps avoid misunderstandings and makes communication clearer. When we speak, we not only use words but also voice tone and body language, which strengthen the message and help listeners understand us better. Speaking confidently, without hesitation, encourages smoother communication and builds self-assurance in learners. Good speaking skills also help learners improve other areas of language learning.

By practicing speaking regularly, students naturally expand their vocabulary, improve pronunciation, and become more fluent. Speaking practice forces learners to use correct grammar and think quickly, which strengthens their overall language competence. In addition, speaking enables immediate feedback from listeners, so learners can quickly recognize mistakes and correct them. This makes speaking an active and dynamic process that supports better learning and communication in both academic and professional settings. Problems Students Face in Speaking English. Many learners consider speaking to be the most challenging language skill. One of the main difficulties is the lack of confidence. Students are often afraid of making mistakes, being criticized, or laughed at by others, which prevents them from speaking freely. This fear creates psychological barriers and reduces their willingness to participate in conversations.

Another significant problem is the limited opportunity to use English in everyday life. Although many students have a good knowledge of grammar and vocabulary, they struggle to apply this knowledge in real communication. As a result, there is a gap between what they know theoretically and what they can express orally. Pronunciation and accent also present serious challenges for learners. Without regular practice and proper feedback, pronunciation errors may become permanent habits. In addition, speaking spontaneously in conversations requires quick thinking, which can increase anxiety and nervousness. These factors together make speaking English a difficult task for many students, especially in academic and social settings. Ways to Improve Speaking Skills. There are many effective ways that help students improve their speaking skills in English. One of the most important methods is regular and continuous practice. Learners can develop their speaking ability by taking part in pair work, group discussions, debates, and role-playing activities. These interactive tasks encourage students to express their ideas more freely and help reduce fear and nervousness. As students practice speaking more often, they become more confident and fluent in real communication.

Another useful technique is shadowing, which involves listening to native speakers and repeating their speech. This method helps learners improve pronunciation, intonation, and fluency while also developing listening skills. By copying natural speech patterns, students become more familiar with how English is spoken in everyday situations. Watching movies and TV shows in English also plays an important role in improving



speaking skills. Films provide learners with exposure to authentic language, natural dialogues, and different accents. Through movies, students can learn common expressions, sentence structures, and correct pronunciation. Repeating lines from films, practicing dialogues, or discussing scenes with classmates can significantly improve speaking confidence and fluency. Watching with subtitles at first and then without them can make this method even more effective.

## RESEARCH METHODOLOGY

Vocabulary development is another key factor in speaking improvement. Students should regularly learn new words and expressions and try to use them actively while speaking. In addition, receiving feedback from teachers or peers is essential. Feedback helps learners notice their mistakes and improve accuracy in grammar and pronunciation. Modern technology also offers many opportunities to practice speaking outside the classroom. Using language-learning applications, watching online videos, listening to podcasts, and joining online English clubs allow students to practice speaking in an enjoyable and flexible way. These activities support continuous speaking practice and help learners improve their communication skills in real-life contexts. Various teaching methods have been applied in speaking classes, and the results show noticeable improvement in students' speaking proficiency.

Interactive activities such as role-plays, pair work, and group discussions help learners use English in meaningful contexts. These activities encourage spontaneous speech and allow students to practice expressing ideas clearly, which leads to increased fluency and confidence over time. Regular speaking practice combined with feedback also plays an important role in improving speaking skills. When students frequently practice speaking and receive corrections from teachers or peers, they become more aware of their pronunciation, grammar, and vocabulary use. This process helps learners reduce repeated mistakes and develop more accurate and natural speech.

## ANALYSIS AND RESULTS

The use of multimedia tools has also shown positive effects on speaking development. Watching movies, short videos, or dialogues in English exposes students to authentic language, natural pronunciation, and real conversational patterns. Repeating dialogues, discussing video content, or imitating speakers helps learners improve fluency and speaking confidence. Technology-based tools, such as language-learning applications, further support independent speaking practice and allow students to monitor their progress. Furthermore, a supportive classroom environment contributes to the improvement of speaking ability. When students feel comfortable and are not afraid of making mistakes, they participate more actively in speaking activities. This increased participation leads to gradual improvement in overall speaking performance. In addition to commonly used speaking activities, there are several less conventional approaches that can contribute to the development of speaking skills. One such approach is delayed speaking, in which learners first receive language input through listening or reading and are given time to process it before producing speech. This allows learners to organize their thoughts more clearly and reduces anxiety related to immediate language production. Another method focuses on developing inner speech.

Learners practice forming sentences mentally in English while performing daily activities. Although this type of practice is silent, it strengthens cognitive processing and helps learners respond more naturally during real conversations. Over time, this habit shortens the gap between thinking and speaking. Emotion-based speaking activities also support oral skill development. When learners express ideas using emotional involvement, such as excitement or personal interest, their speech becomes more natural and expressive. Emotional engagement helps reduce mechanical speech patterns and encourages more fluent language use. Observation and imitation also play an important role in speaking improvement. Learners watch native speakers and imitate not only pronunciation but also intonation, facial expressions, and gestures. This practice helps learners develop more authentic speech patterns and improves overall oral performance. Speaking tasks that include additional cognitive or physical activity can further enhance fluency. When learners speak while completing simple tasks, they rely less on conscious grammar monitoring and produce language more automatically. This supports the development of spontaneous speaking skills.

Encouraging learners to speak without fear of making mistakes is another effective approach. When accuracy is not overemphasized, learners participate more actively and gain confidence. This increased confidence leads to gradual improvement in fluency and clarity. Time-limited speaking activities help learners respond quickly and rely on instinctive language use. Such activities reflect real-life communication, where speakers must react without extensive planning. In addition, avoiding translation into the native language encourages learners to develop alternative strategies for expressing meaning using available vocabulary. Speaking without

a fixed topic and adopting different roles or identities also reduces psychological pressure. These practices allow learners to focus on communication rather than correctness, leading to greater flexibility and confidence in speaking.

## CONCLUSION

Oral communication occupies a central place in the process of learning English, as it demands immediate language production, self-assurance, and the effective use of linguistic knowledge. Despite having a solid understanding of grammar and vocabulary, many learners struggle to speak fluently due to emotional barriers, insufficient exposure to spoken English, and fear of negative evaluation. These factors often limit students' ability to communicate their thoughts clearly and confidently. The application of purposeful and diverse instructional techniques has been shown to positively influence the development of speaking competence. Activities that promote interaction, consistent oral practice, and meaningful feedback support learners in refining pronunciation, expanding vocabulary, and increasing fluency.

Furthermore, the integration of audiovisual materials, such as films and videos, provides authentic language input, enabling learners to observe natural speech patterns and contextual language use. Beyond conventional classroom practices, the inclusion of innovative approaches enhances speaking development even further. Techniques such as internal speech training, delayed language production, emotionally driven expression, and identity-based communication help reduce anxiety and encourage spontaneous speech. These methods shift the focus from strict accuracy to meaningful expression, allowing learners to engage with the language more naturally.

In essence, sustained speaking practice within a supportive and flexible learning environment fosters gradual but significant improvement in oral proficiency. When learners are encouraged to experiment with language, participate actively, and interact with real-life forms of communication, their speaking ability evolves into a practical and confident skill applicable in both academic settings and everyday interactions.

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- 13.00.00 Pedagogika fanlari
  - 13.00.01 Pedagogika nazariyasi. Pedagogik ta'limotlar tarixi
  - 13.00.02 Ta'lim va tarbiya nazariyasi va metodikasi (sohalar bo'yicha)
  - 13.00.03 Maxsus pedagogika
  - 13.00.04 Jismoniy tarbiya va sport mashg'ulotlari nazariyasi va metodikasi
  - 13.00.05 Kasb-hunar ta'limi nazariyasi va metodikasi
  - 13.00.06 Elektron ta'lim nazariyasi va metodikasi (ta'lim sohaları va bosqichlari bo'yicha)
  - 13.00.07 Ta'limda menejment
  - 13.00.08 Maktabgacha ta'lim va tarbiya nazariyasi va metodikasi
  - 13.00.09 Ijtimoiy pedagogika
  - 07.00.00 Tarix fanlari
  - 19.00.00 Psixologiya fanlari
  - 01.00.00 Fizika-matematika fanlari
  - 02.00.00 Kimyo fanlari
  - 03.00.00 Biologiya fanlari
  - 09.00.00 Falsafa fanlari
  - 10.00.00 Filologiya fanlari
  - 11.00.00 Geografiya fanlari



# MAKTABGACHA VA MAKTAB TA'LIMI

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**2026. №5(1)**

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"Maktabgacha va maktab ta'limi" jurnali 26.09.2023-yildan O'zbekiston Respublikasi Prezidenti Adminstratsiyasi huzuridagi Axborot va ommaviy kommunikatsiyalar agentligi tomonidan №C-5669363 reyestr raqami tartibi bo'yicha ro'yxatdan o'tkazilgan.  
**Litsenziya raqami: № 136361.**

**Manzirimiz:** Toshkent shahar, Yunusobod tumani  
19-mavze, 17-uy.